

Curriculum vitae

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Riwayat pendidikan

Dokter, FK UGM tahun 1987

S-2: MMedSc (Farmakoepidemiologi), Newcastle University Australia, 1993

S-3: PhD, London School of Hygiene & Tropical Medicine, England, 2000

Jabatan:

1. Ketua Umum PB IKAFI (Ikatan Farmakologi Indonesia)
2. Ketua, Komite Pendidikan, Pelatihan, dan Pengembangan RS. Dr. Sardjito
3. Board of Governor, International Clinical Epidemiology Network (INCLEN)
4. Ketua, Komite Sistem Informasi, FK UGM
5. Editor, Berkala Ilmu Kedokteran
6. Editor, Indonesian Journal of Clinical Epidemiology and Biostatistics
7. Tim Ahli Menteri Kesehatan untuk Evaluasi Harga Obat
8. Tim Ahli untuk DPHO, PT Askes Indonesia
9. Komite Bersama Uji Kompetensi Dokter Indonesia
10. Komite Nasional (KOMNAS) DOEN (Daftar Obat Esensial Nasional)
11. Komite Nasional (KOMNAS) Penilai Obat Jadi Badan POM
12. Komite Nasional (KOMNAS) Informatorium Obat Nasional Indonesia (IONI)
13. Komite Nasional (KOMNAS) Obat Tradisional, Badan POM

EBM GUIDE TO ANTIBIOTIC USE



Iwan Dwiprahasto

Dept of Pharmacology & Therapy FK UGM

Penggunaan antibiotika

Penggunaan antibiotika	Jenis pengguna	Masalah
Human use (60%)	20% Rumah Sakit 80% Komunitas	20-50% <i>Unnecessary</i>
Agricultural use (40%)	20% Terapetic 80% Profilaktik/ growth promotion	40-80% Highly questionable

Inappropriate Antibiotic Therapy Increases Mortality



Ibrahim, et al. *Chest*. 2000;118:146–155.

Leibovici, et al. *J Intern Med*. 1998;244:379–386.

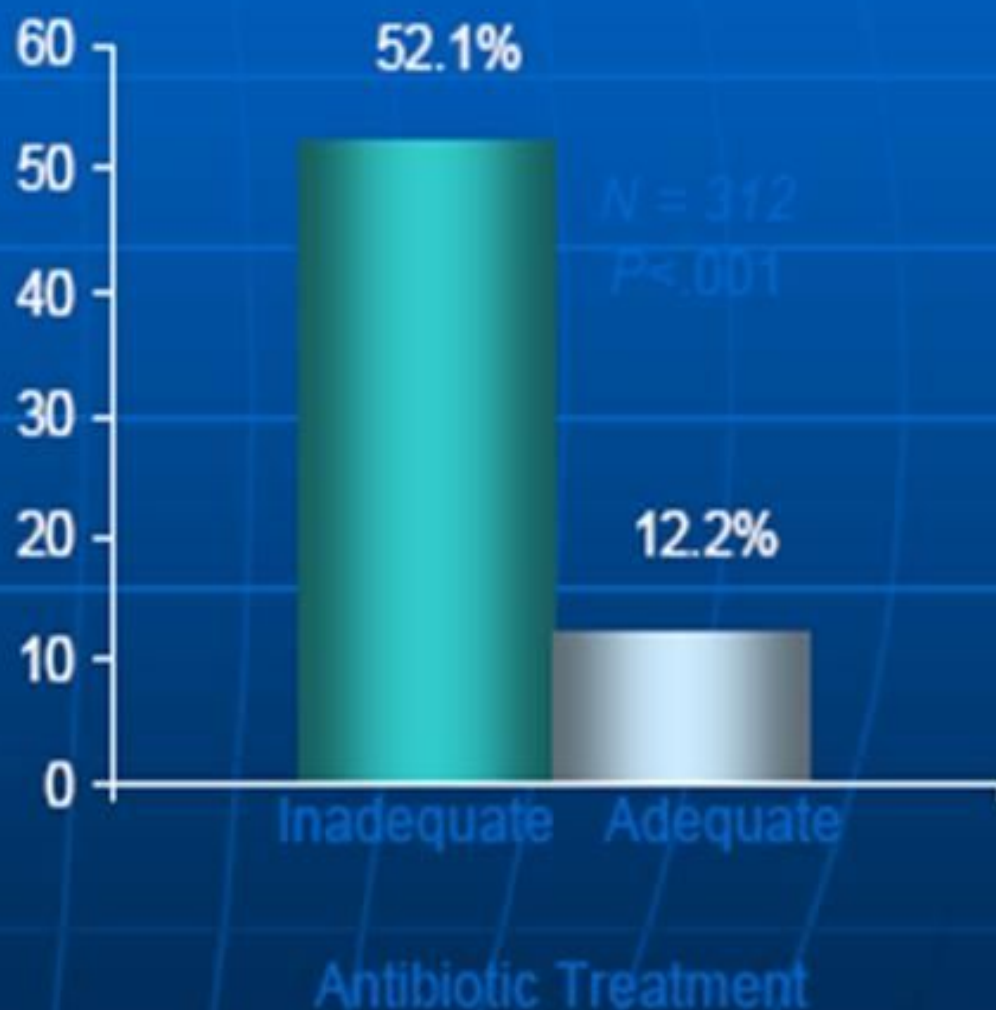
Luna, et al. *Chest*. 1997;111:676–685.

Alvarez-Lerma, et al. *Intensive Care Med*. 1996;22:387–394.

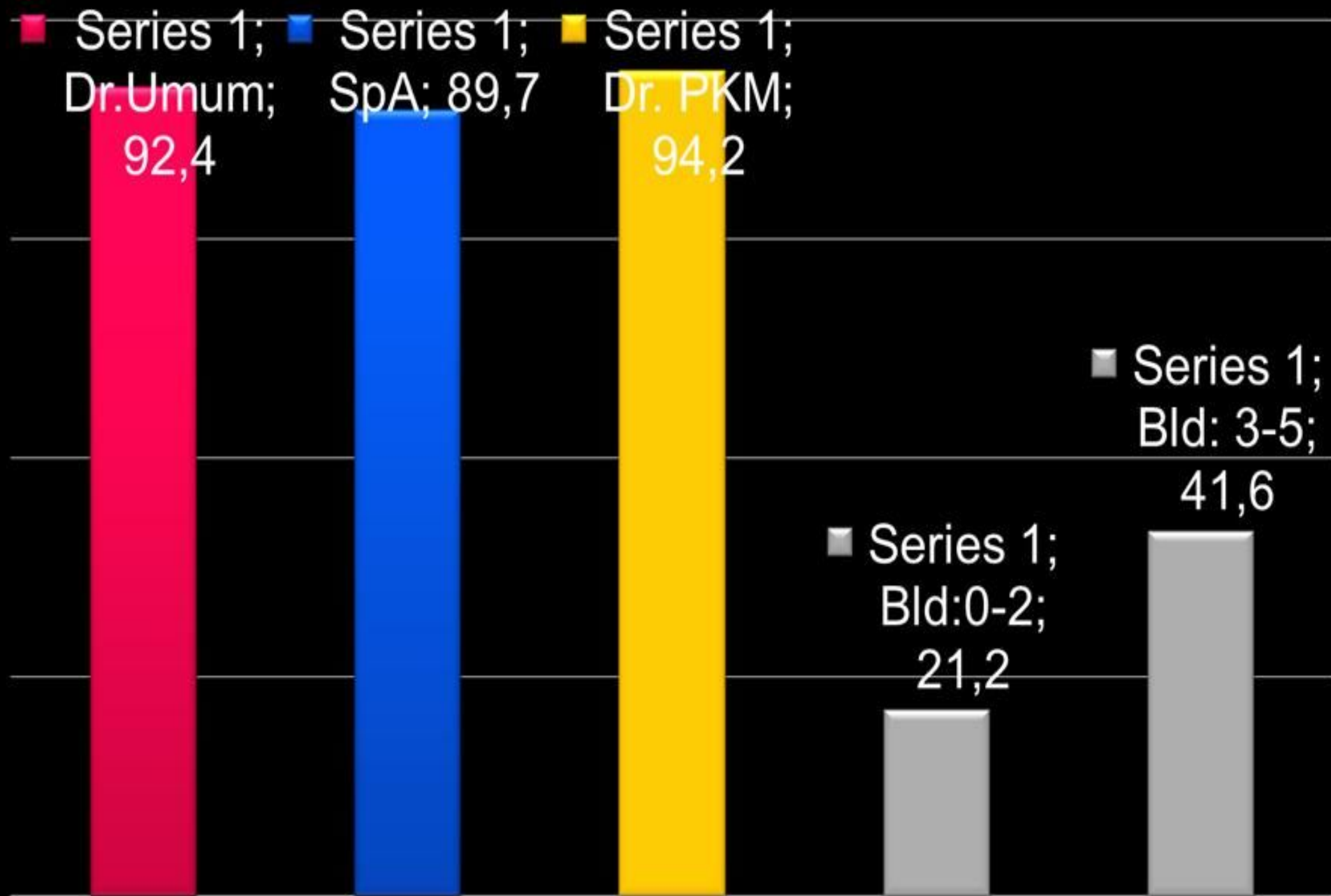
Rello, et al. *AJRCCM*. 1997;156:196–200.

Hospital Mortality Rate of Infected Patients

- 2000 consecutive patients admitted to an MICU or SICU
- Pneumonia in 411 cases
 - 305 with adequate therapy
 - 106 with inadequate therapy

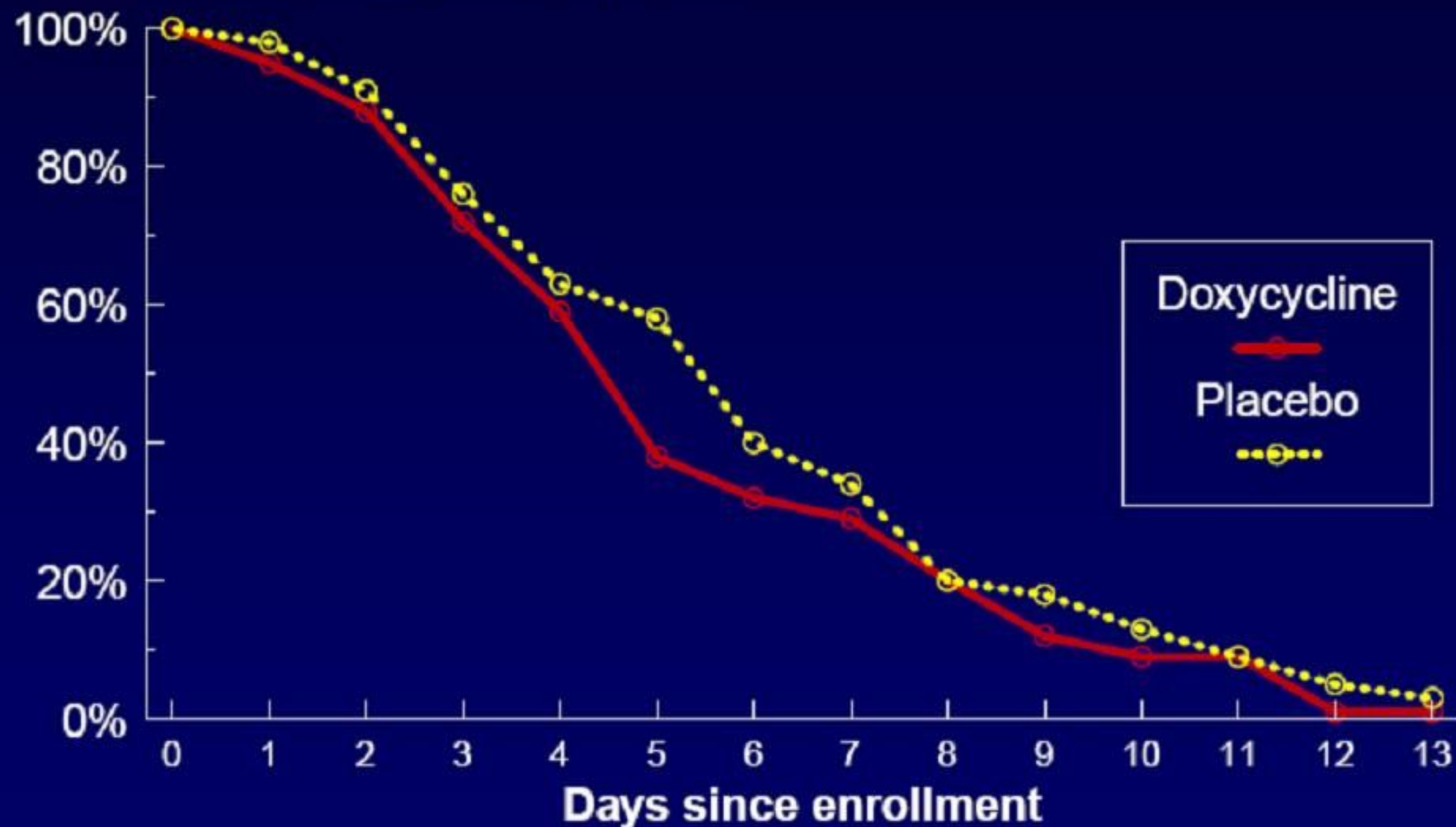


Peresepan antibiotika untuk ISPA Non pneumonia pada anak < 10 tahun (Dwiprahasto, 2002)

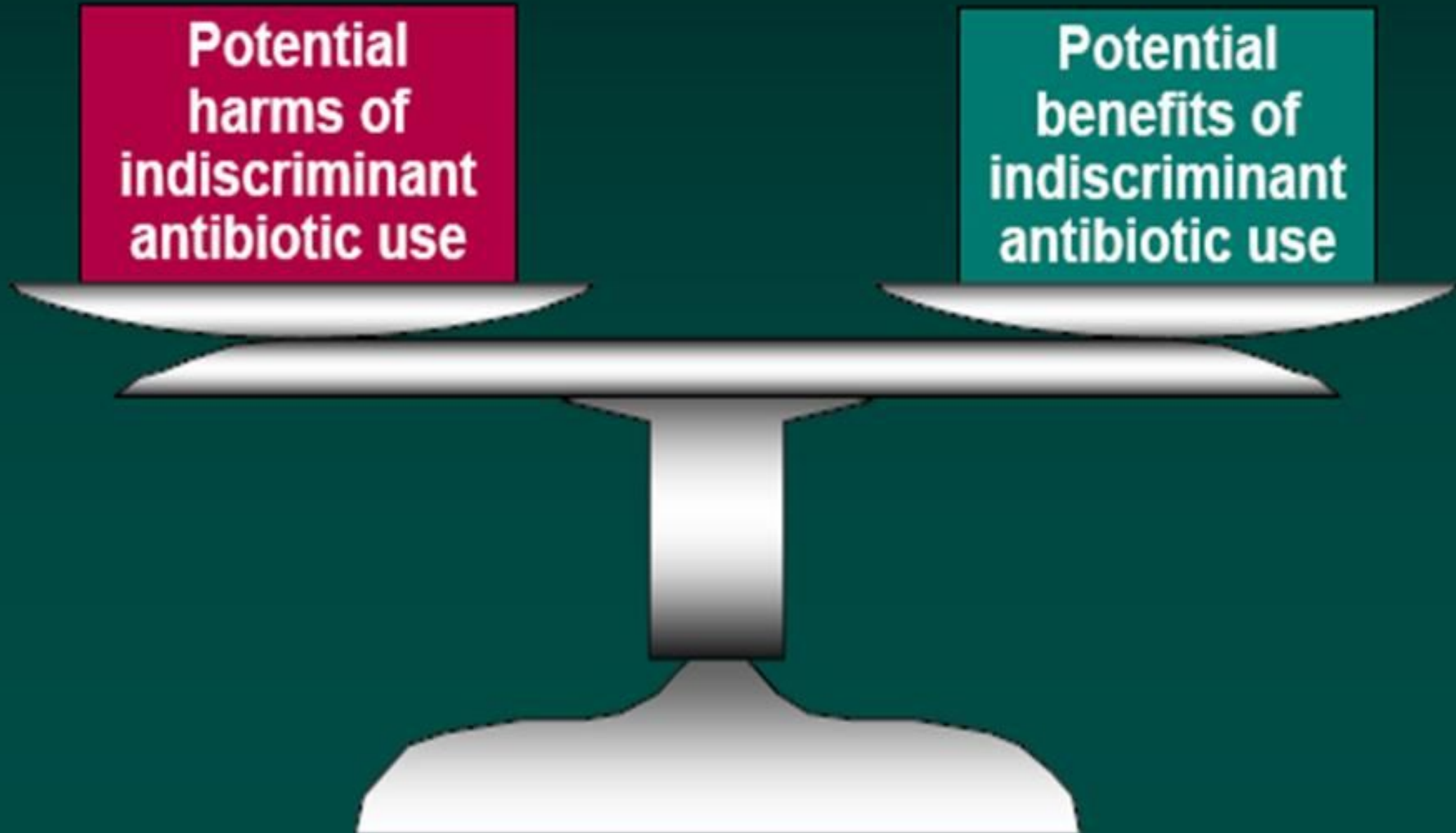


Common Cold: Apakah antibiotika bermanfaat?

Patients recording yellow sputum



Pertimbangan manfaat-risiko penggunaan antibiotika



Potential harms

Mungkin bermanfaat untuk sebagian kecil populasi

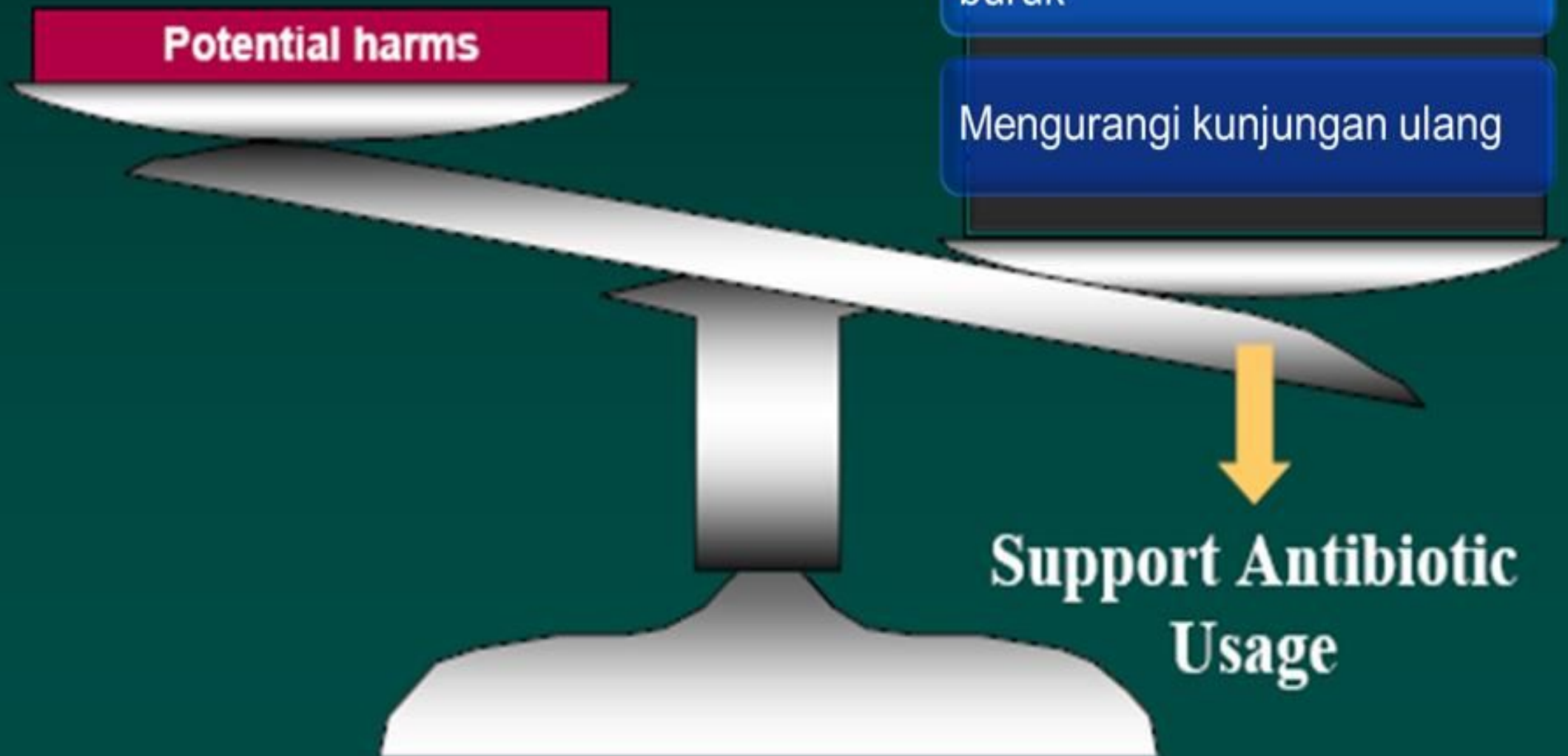
Meningkatkan kepuasan pasien

Mencegah superinfeksi

Mencegah keadaan lebih buruk

Mengurangi kunjungan ulang

Support Antibiotic Usage



Meningkatkan resistensi bakteri

Meningkatkan biaya terapi

Interaksi obat-obat

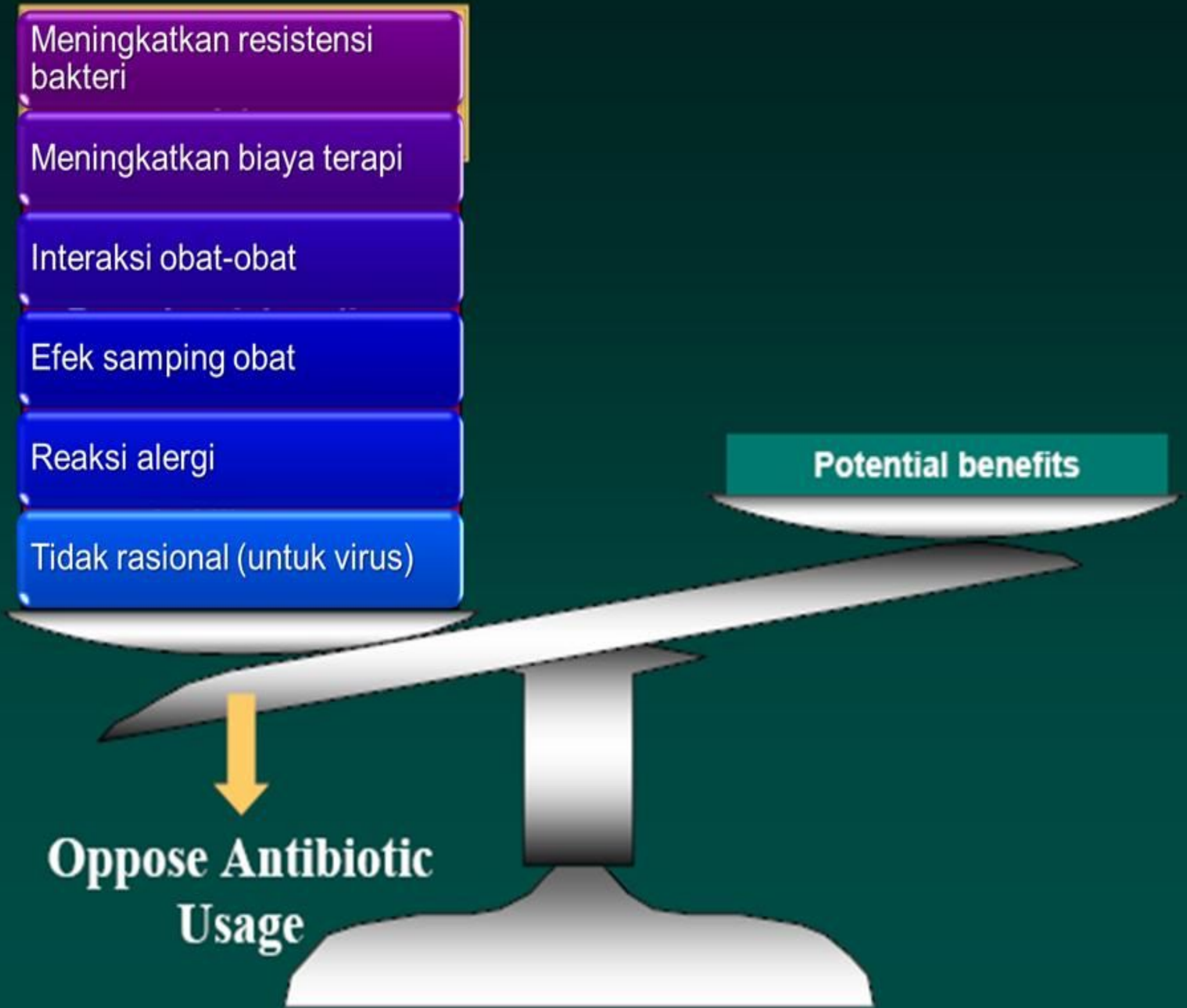
Efek samping obat

Reaksi alergi

Tidak rasional (untuk virus)

Potential benefits

Oppose Antibiotic Usage



Meningkatkan resistensi bakteri

Meningkatkan biaya terapi

Interaksi obat-obat

Efek samping obat

Reaksi alergi

Tidak rasional (untuk virus)

Mungkin bermanfaat untuk sebagian kecil populasi

Meningkatkan kepuasan pasien

Mencegah superinfeksi

Mencegah keadaan lebih buruk

Mengurangi kunjungan ulang

So where is the balance?

Syarat suatu khemoterepetik dapat digunakan sebagai terapi infeksi



Memiliki selective toxicity terhadap mikroba, bukan terhadap host.



Tidak menimbulkan reaksi hypersensitivitas pada sebagian besar host



Penetrasi ke dalam jaringan secara cepat dan beberapa waktu dalam kadar yang adekuat



Microba tidak segera berubah menjadi resisten akibat pemberiannya.

Penggunaan antibiotika

Profilaktik

Empirik

Definitif

Medical

Prosedural

Antibiotika diberikan segera

Dasar: diagnosis mikrobiologi atau serologi

Paparan: HIV, N. Meningitis

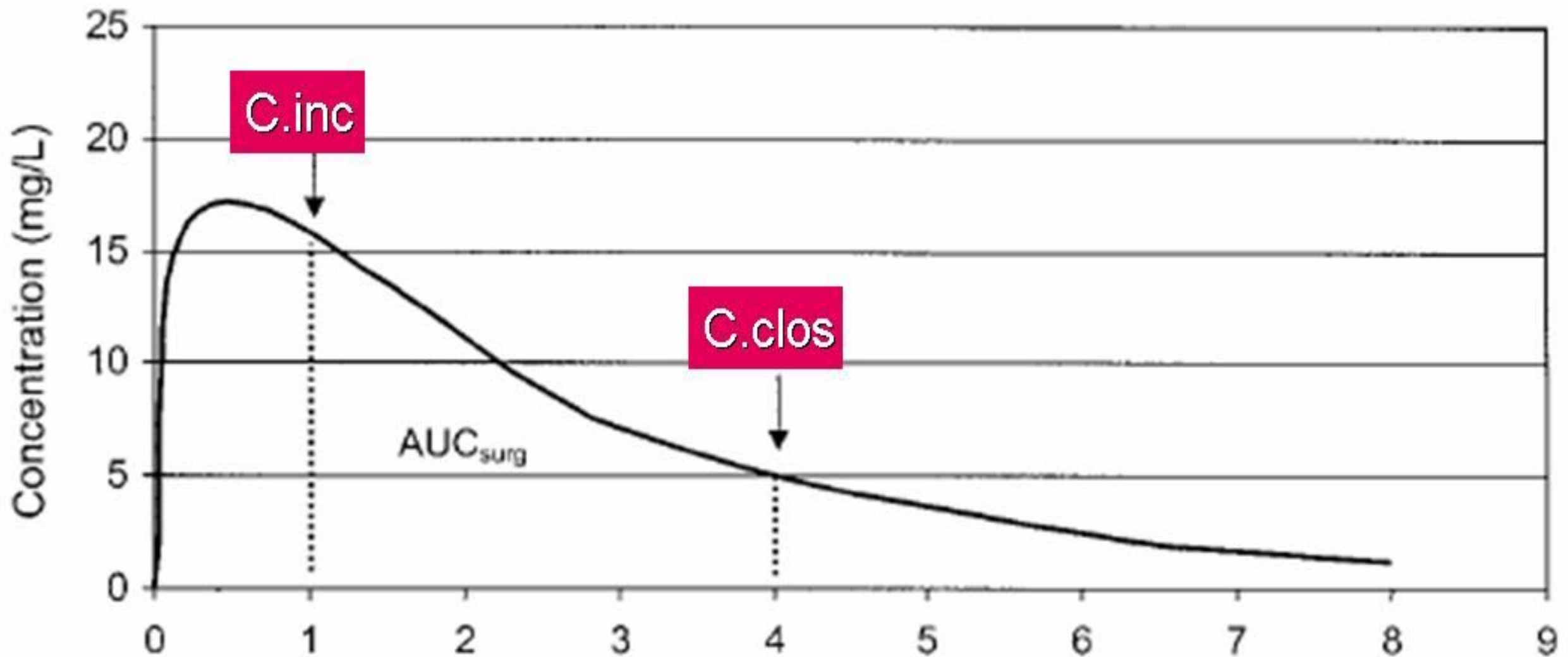
Immunocompromised: HIV dgn CD4 < 200

Didasarkan pada: pathogens, local susceptibility trends

Pearls: kultur di awal dan di akhir

Farmakodinamik antibiotika profilaksi pada bedah

Antimicrob Agent Chemother, 2002;46:3026-30



Profil kadar gentamisin dalam serum vs waktu

Mencegah Surgical Site Infection

Penggunaan Antibiotika profilaksi secara tepat



Antibiotika diberikan 1 jam sebelum insisi dilakukan*



Antibiotic profilaksi: pertimbangan medik yang cermat



Antibiotika profilaksi dihentikan dalam 24 jam setelah operasi



*Untuk vancomycin karena waktu paruhnya panjang, dapat diberikan 2 jam sebelum insisi.

Antibiotic Classes

Penicillins

Cephalosporins

Monobactam

Carbapenem

Glycopeptide

Oxazolidinone

Aminoglycosides

Macrolides

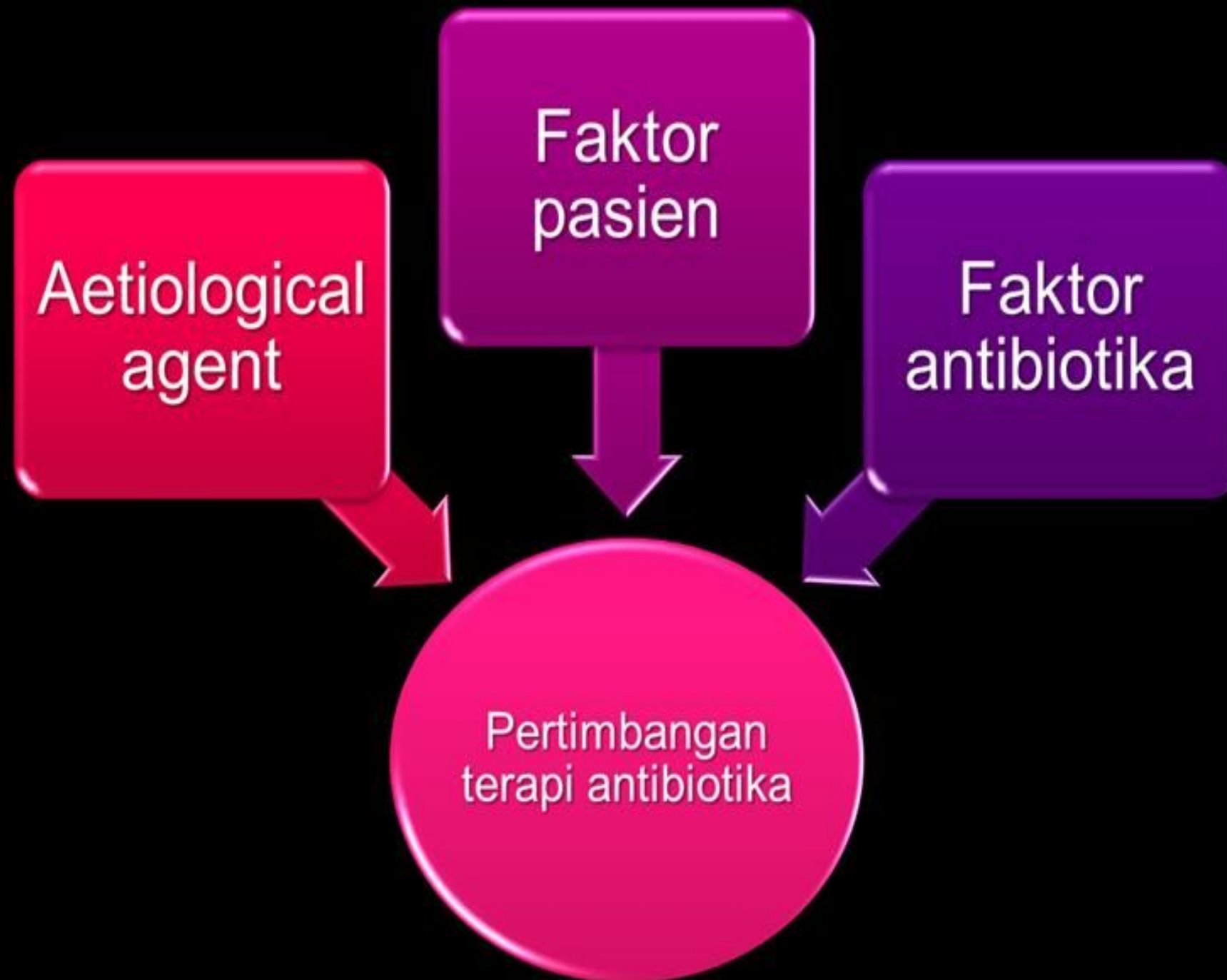
Tetracycline

Sulfonamide

Nitroimidazole

Quinolones

Pemilihan antibiotika



Bakteri penyebab



Diagnosis klinis

Temuan klinis

- Sumber infeksi
- Bakteri penyebab

Terapi empiris

- Data universal
- Data lokal/setempat

Faktor diagnosis & faktor pasien

Diagnosis laboratorium

- Bakteri penyebab vs kolonisasi
- Yang diisolasi bukan bakteri pathogen
- Cara pengambilan spesimen keliru
- sensitivity reports

Faktor pasien

- Umur
- Fungsi fisiologis
- Factor genetik
- Kehamilan
- Site & severity of infection
- Allergy

Faktor Antibiotika

Pharmacokinetic/pharmacodynamic (PK/PD)

- absorpsi
- ekskresi
- Kadar dalam jaringan
- Kadar puncak, AUC, Time above MIC

Toksisitas dan adverse effects

Interactions obat-obat

Biaya/harga

Pertimbangan farmakokinetik dan farmakodinamik

Pharmacokinetics (PK)

- Profil kadar dalam serum
- Penetrasi ke tempat infeksi

Pharmacodynamics (PD)

- susceptibility – MIC (potency)
- concentration- vs. time-dependent killing
- persistent (post-antibiotic) effects (PAE)

The ideal antibiotics

The molecule

Brilliant &
clear solution

Patient's cure

The molecule

Brilliant &
clear solution

No cure

Chemistry

microbiology

Therapy

Not always ideal

The molecule

Brilliant & clear solution

The big black box

Patient's cure

Chemistry

microbiology

PK/PD

Therapy

Penyebab kegagalan terapi antibiotika

False failures

- Diagnosis keliru
- Underlying disease
- Inaktivasi antibiotika

Patient related failures

- Non compliance
- Inappropriate administration
- Immunosuppressed host

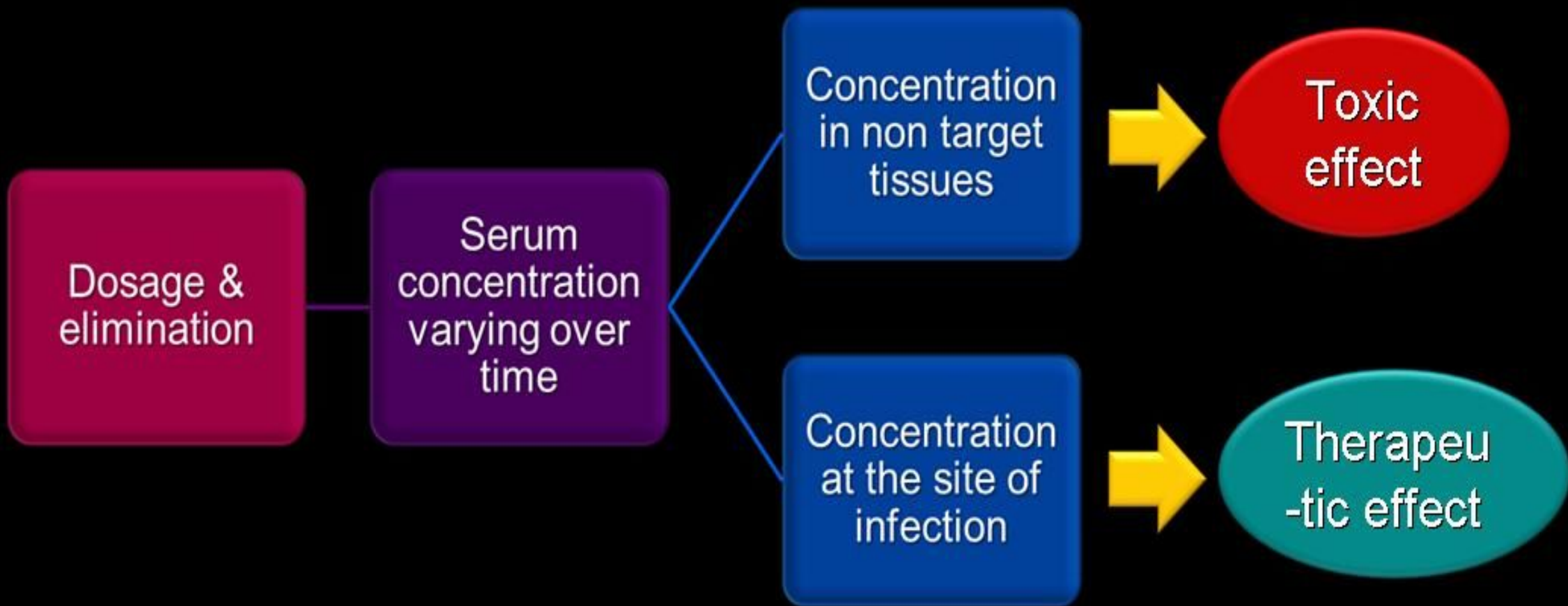
Penyebab kegagalan terapi antibiotika

- Dosis obat terlalu rendah
- Tidak mempertimbangkan parameter farmakodinamik

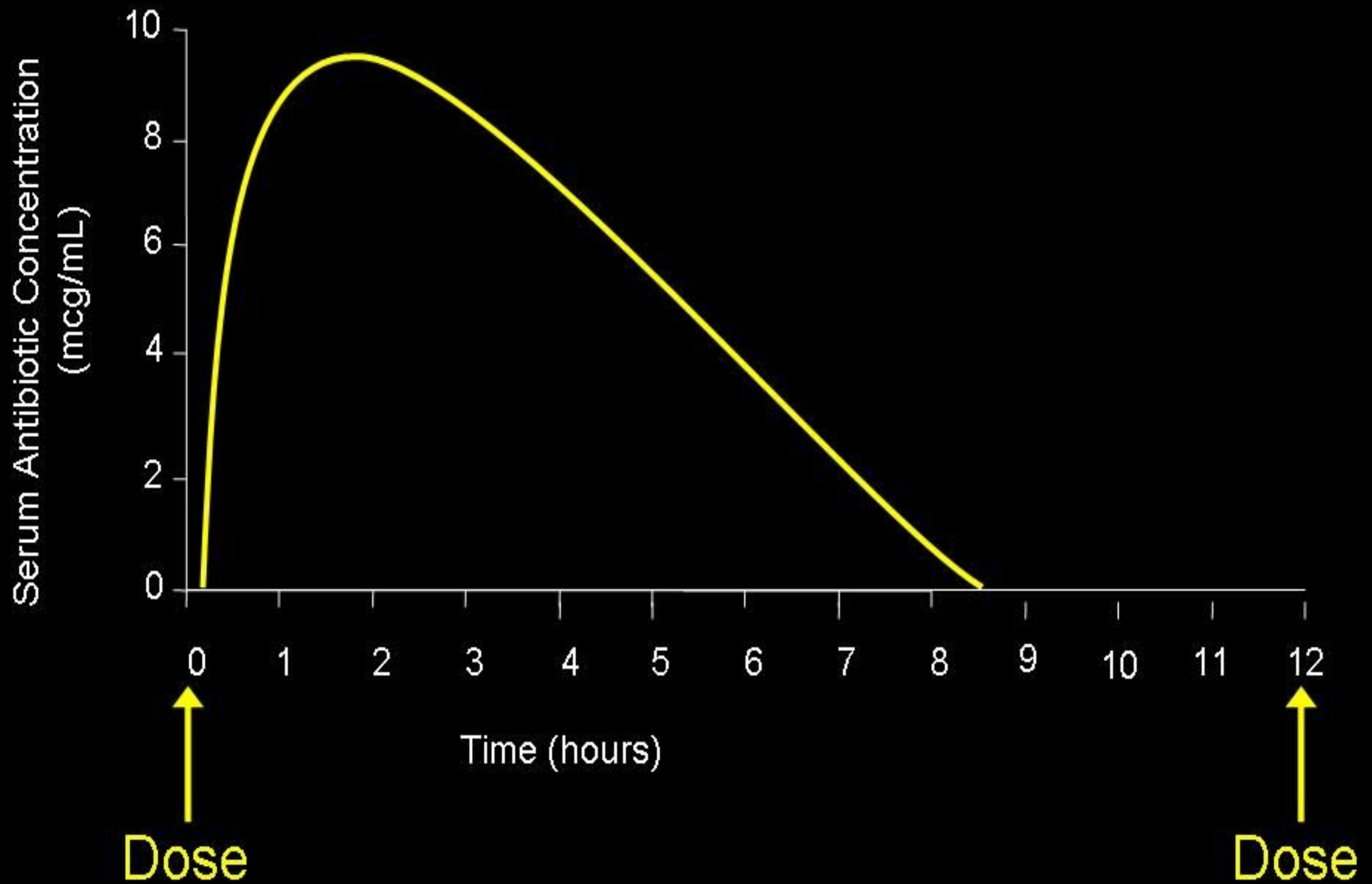
Pharmacological failures

- Keliru identifikasi bakteri
- Resistensi terjadi selama terapi
- Insufficient bactericidal activity
- Efek Inoculum

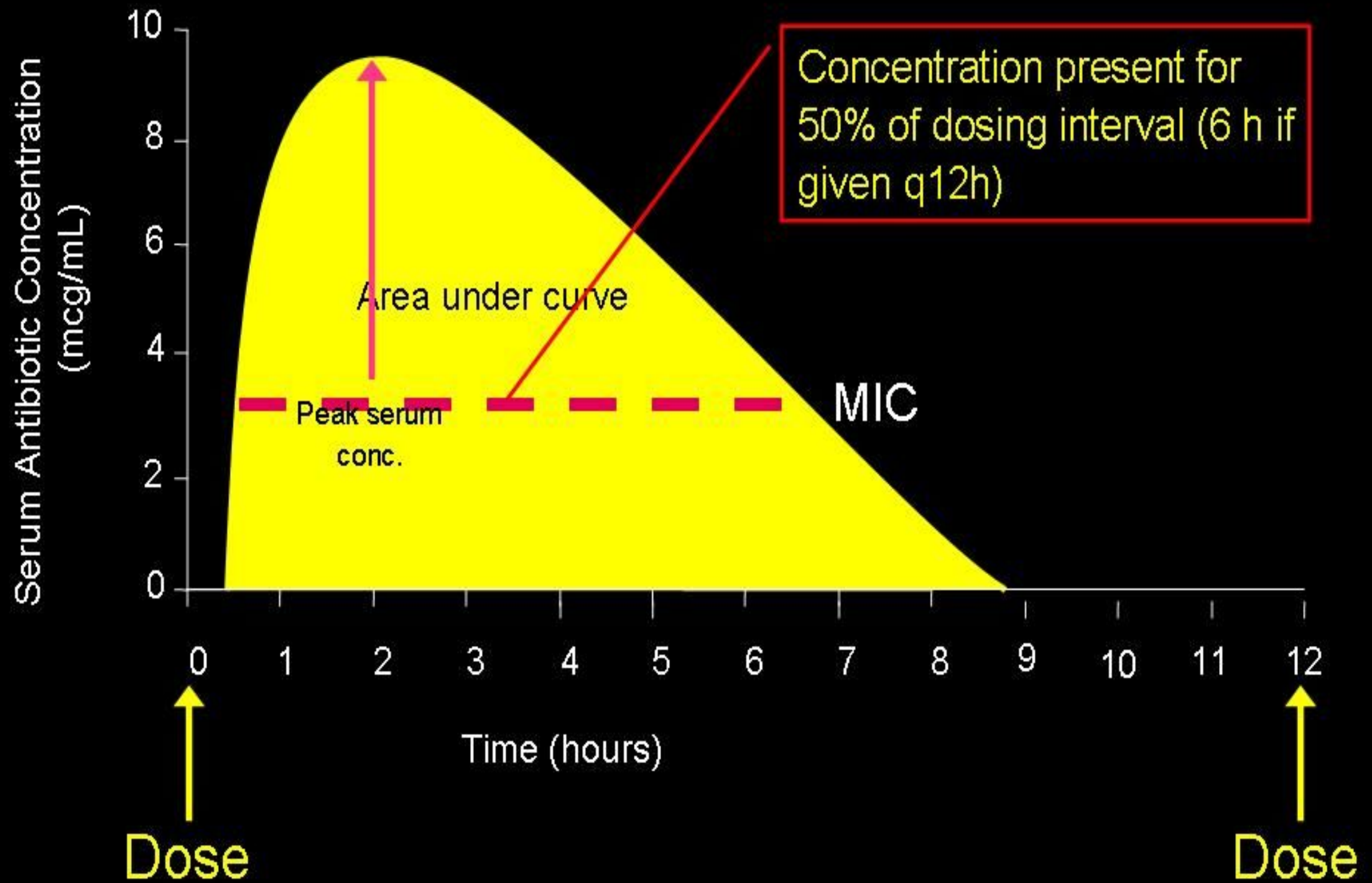
Microorganism related failures



Drug Pharmacokinetics in blood



Pharmacokinetic Parameters



Pola aktivitas antibakterial

Time-dependent killing & minimal to moderate persistent effects

- Time above MIC ($T > MIC$)

Time-dependent killing and prolonged persistent Effects

- AUC/MIC ratio

Concentration-dependent killing and prolonged persistent effects

- AUC/MIC ratio or Peak/MIC ratio

Time Above MIC: β -Lactams

T>MIC (% dosing interval) yang diperlukan untuk membunuh sebagian besar bakteri

penisilin: 25-35%;

cephalosporin 30-45%



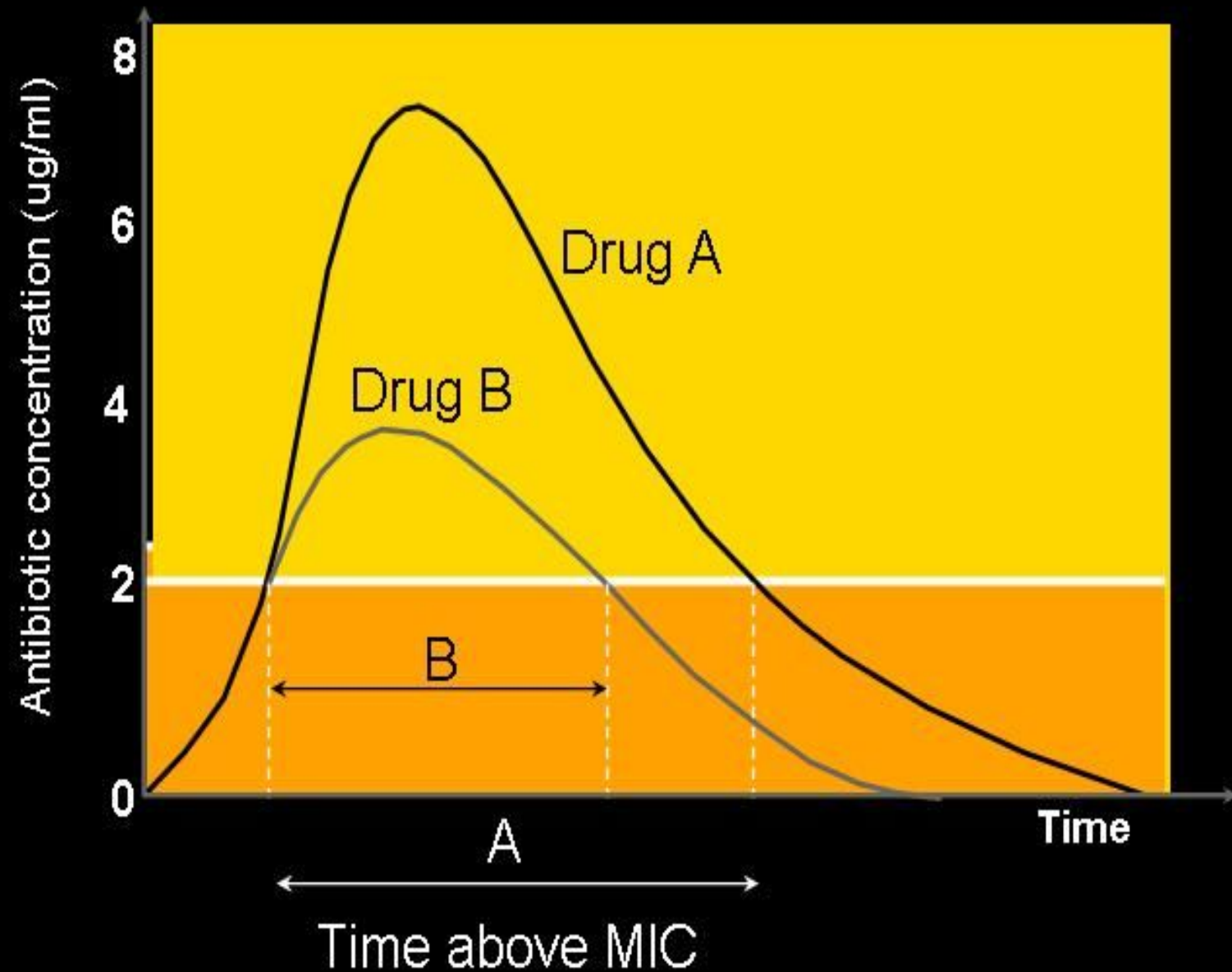
Kadar obat bebas penicillins & cephalosporins harus di atas MIC untuk 35-50% dosing interval untuk menghasilkan efek maksimal

Important PK/PD Parameters

Time above MIC :



Proporsi interval pemberian ketika kadar obat melampaui MIC



Important PK/PD Parameters

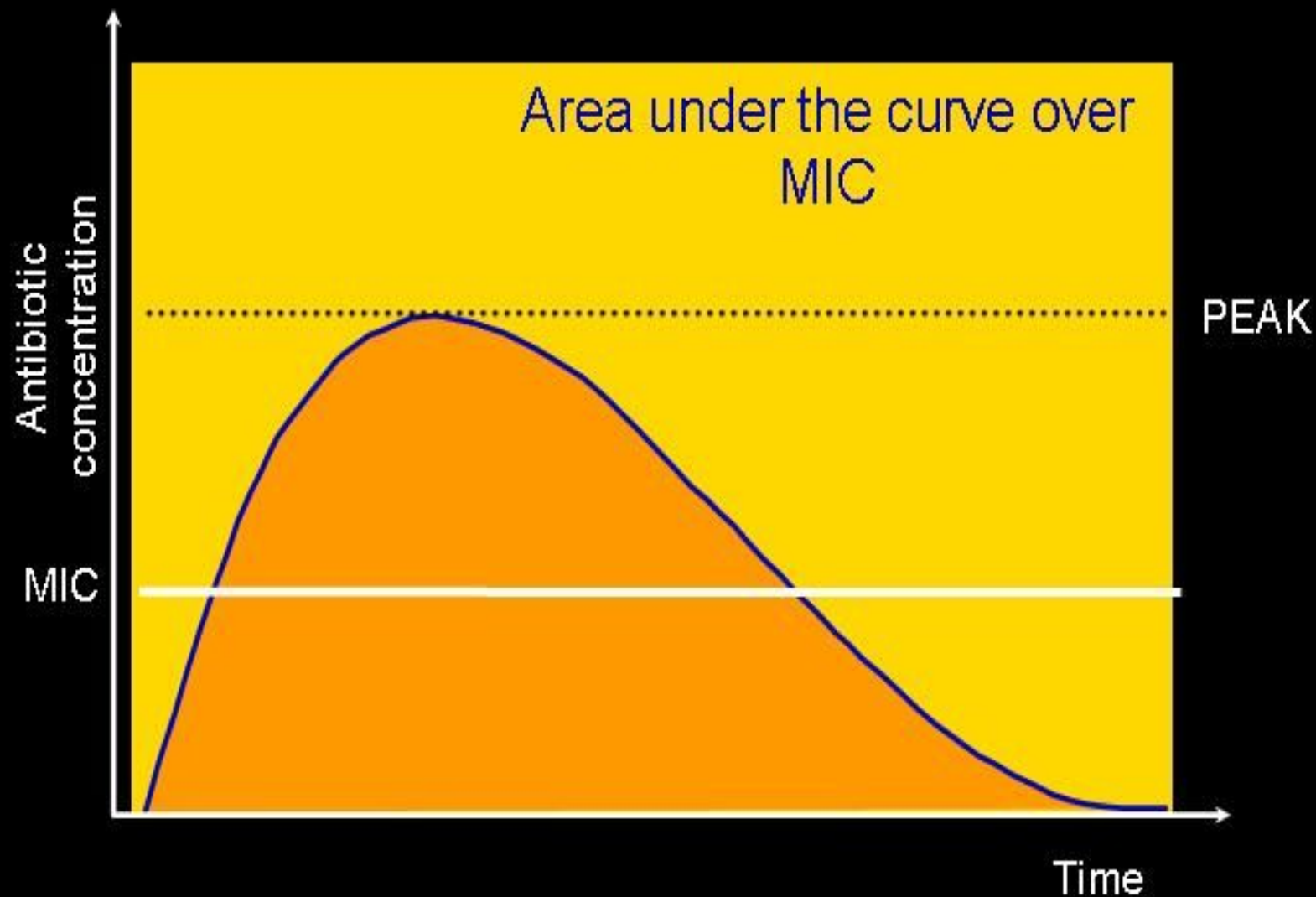
AUC/MIC

rasio AUC terhadap MIC



Peak/MIC

Rasio kadar puncak terhadap MIC



PK/PD and Antimicrobial Efficacy

2 pola utama bacterial killing

Concentration dependent

Correlated with AUC/MIC Peak/MIC

Aminoglycosides, quinolones,
macrolides, azalides, clindamycin,
tetracyclines, glycopeptides,
oxazolidinones

Time dependent

Correlated with Time above MIC
(T>MIC)

Betalactams

Goal of therapy based on PK/PD

Pattern of Activity	Antimicrobials	Goal of therapy and relevant PK/PD Parameter
Concentration dependent killing	Quinolones, Daptomycin, ketolides, Macrolides, azithromycin, clindamycin, streptogramins, tetracyclines, glycopeptides, oxazolidinones	Maximise concentrations; AUC/MIC, peak/MIC Use high doses; daily dosing for some agents
Time dependent killing with no persistent effects	Betalactams	Maximise duration of exposure; $T > MIC$ Use more frequent dosing; longer infusion times including continuous infusion

Preparation error

Azithromycin	mg	100
Augmentin	mg	100
Ibuprofen	mg	100
GG	tab	1/2
Dexametason	tab	1/2
Luminal	mg	30
Vitamin C	mg	20

Mfla dtd no. XII

S 3dd I



Anak, 2 tahun



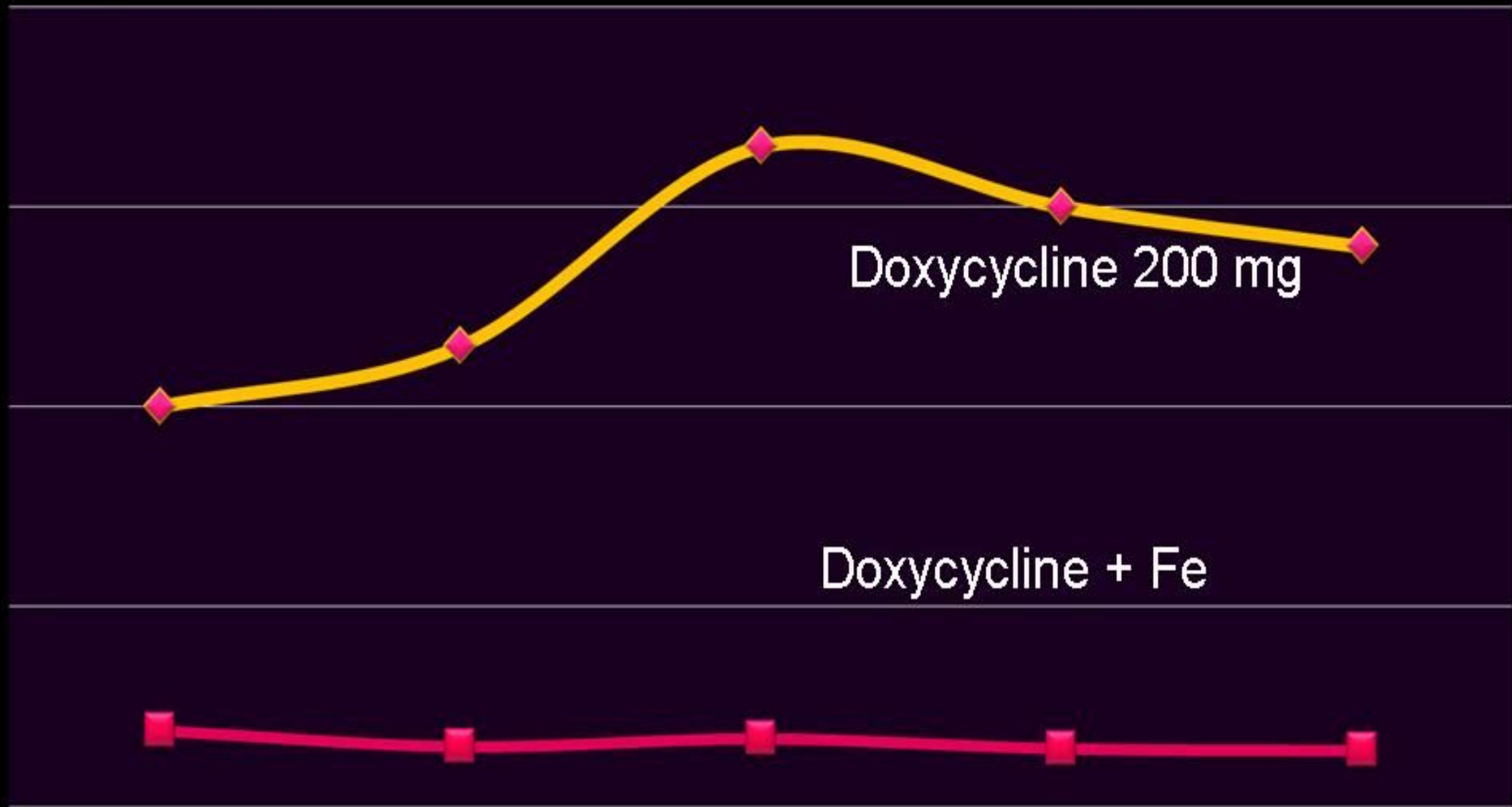
Masalah Penggunaan Antibiotika



Pharmacokinetics dan
pharmacodynamics

Interaksi Doxycycline-Fe

mcg/ml



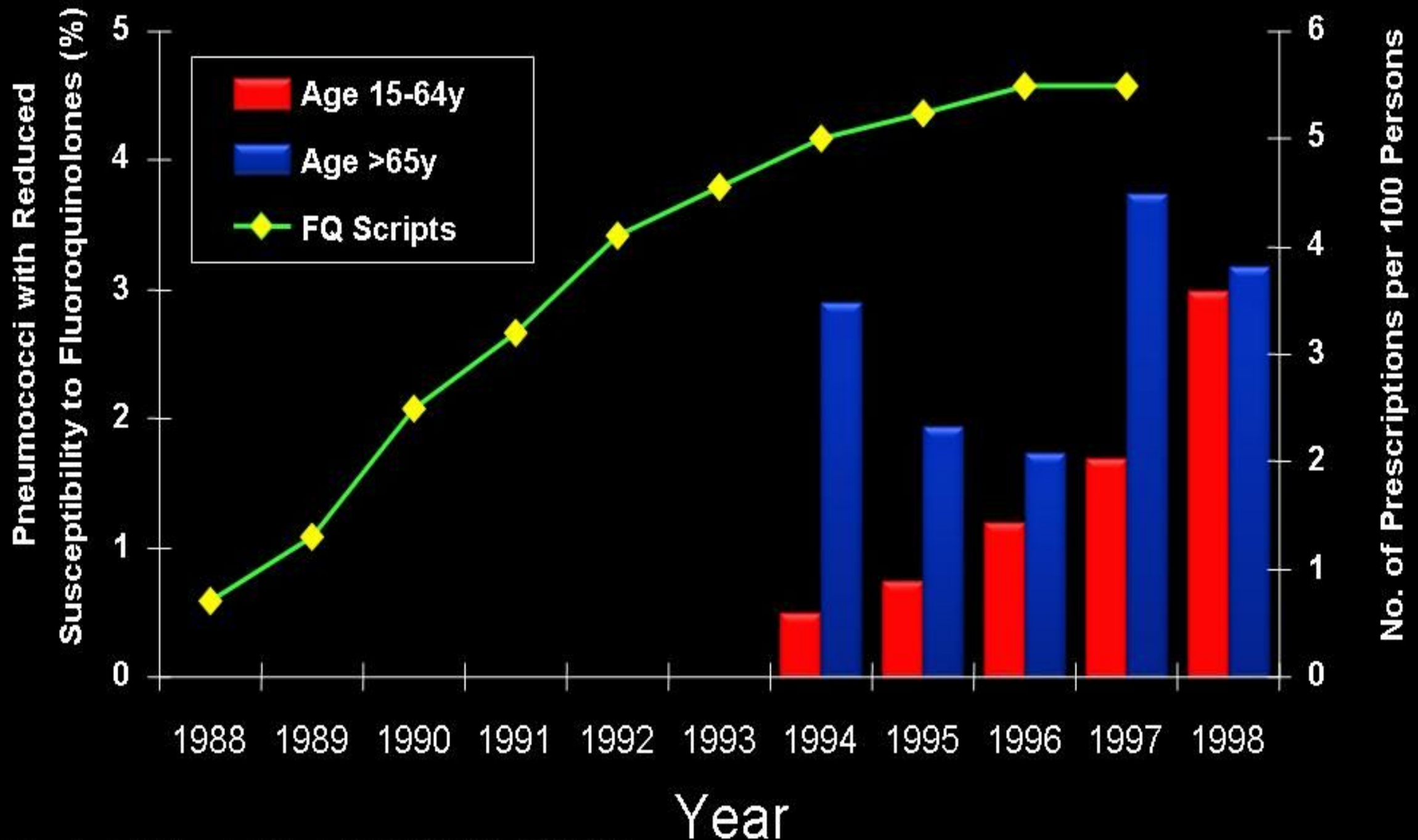
Waktu: Jam

Masalah Penggunaan Antibiotika

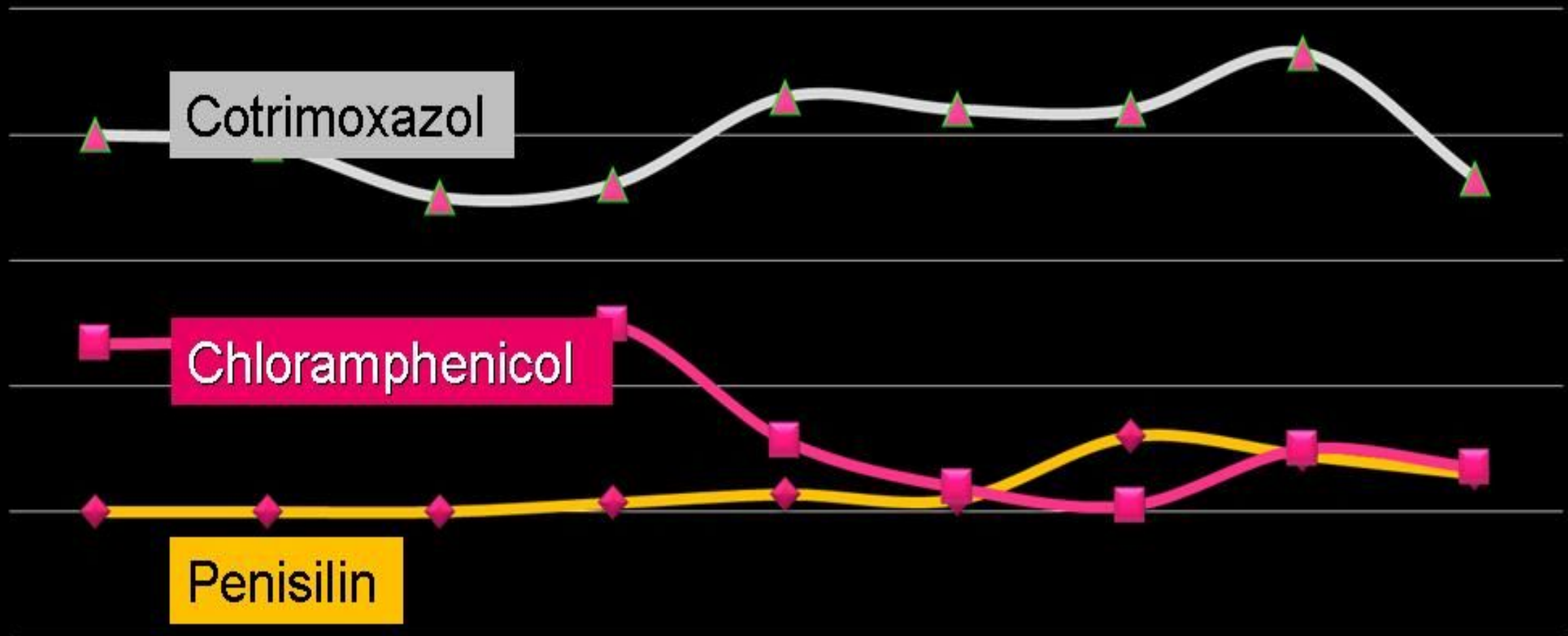


Resistensi bakteri
patogen

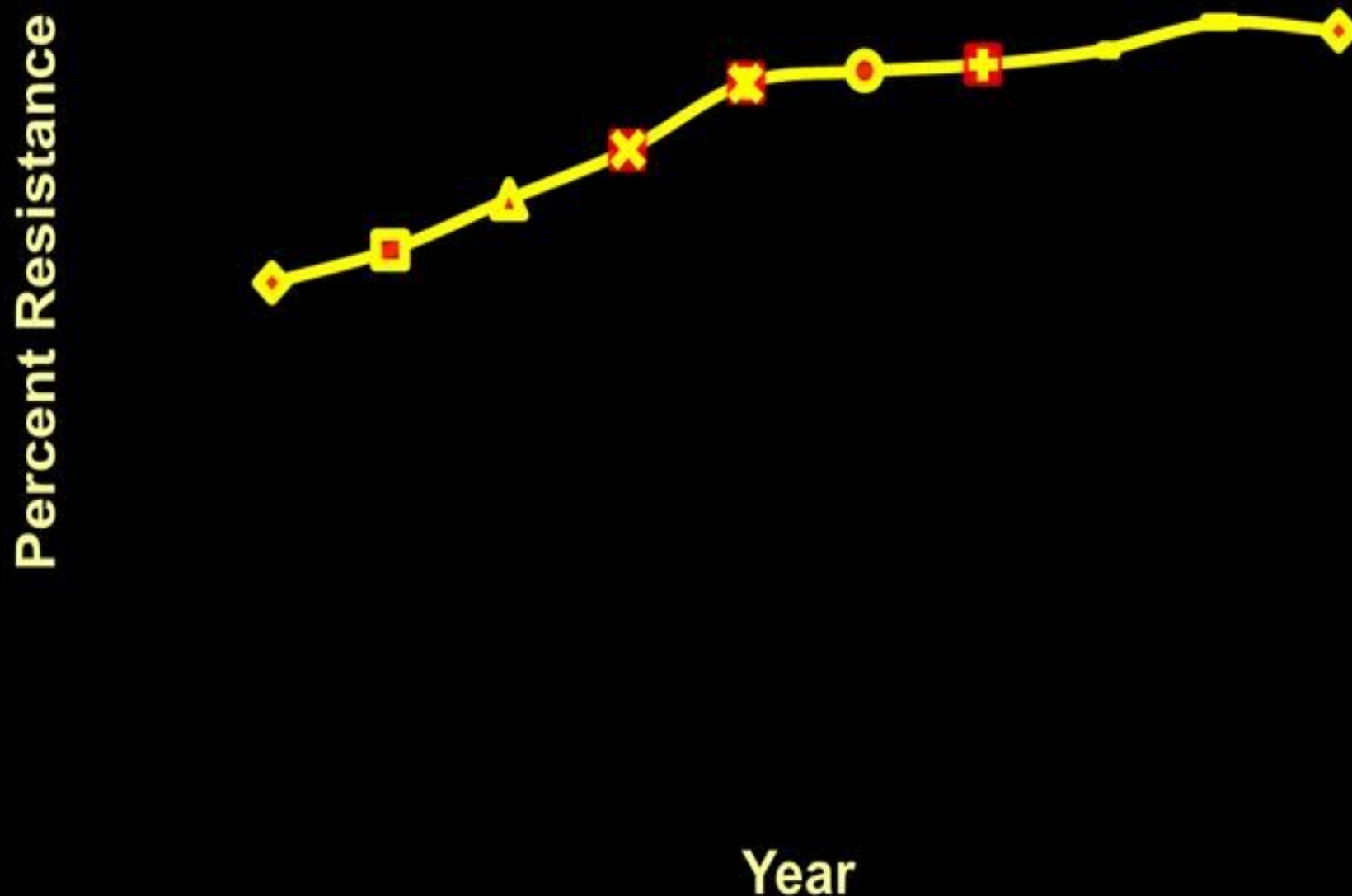
Penggunaan Fluoroquinolone dan Resistensi Pneumococcus



Antimicrobial resistance *S. pneumoniae* Time Trends (Thomas et al., 2002)

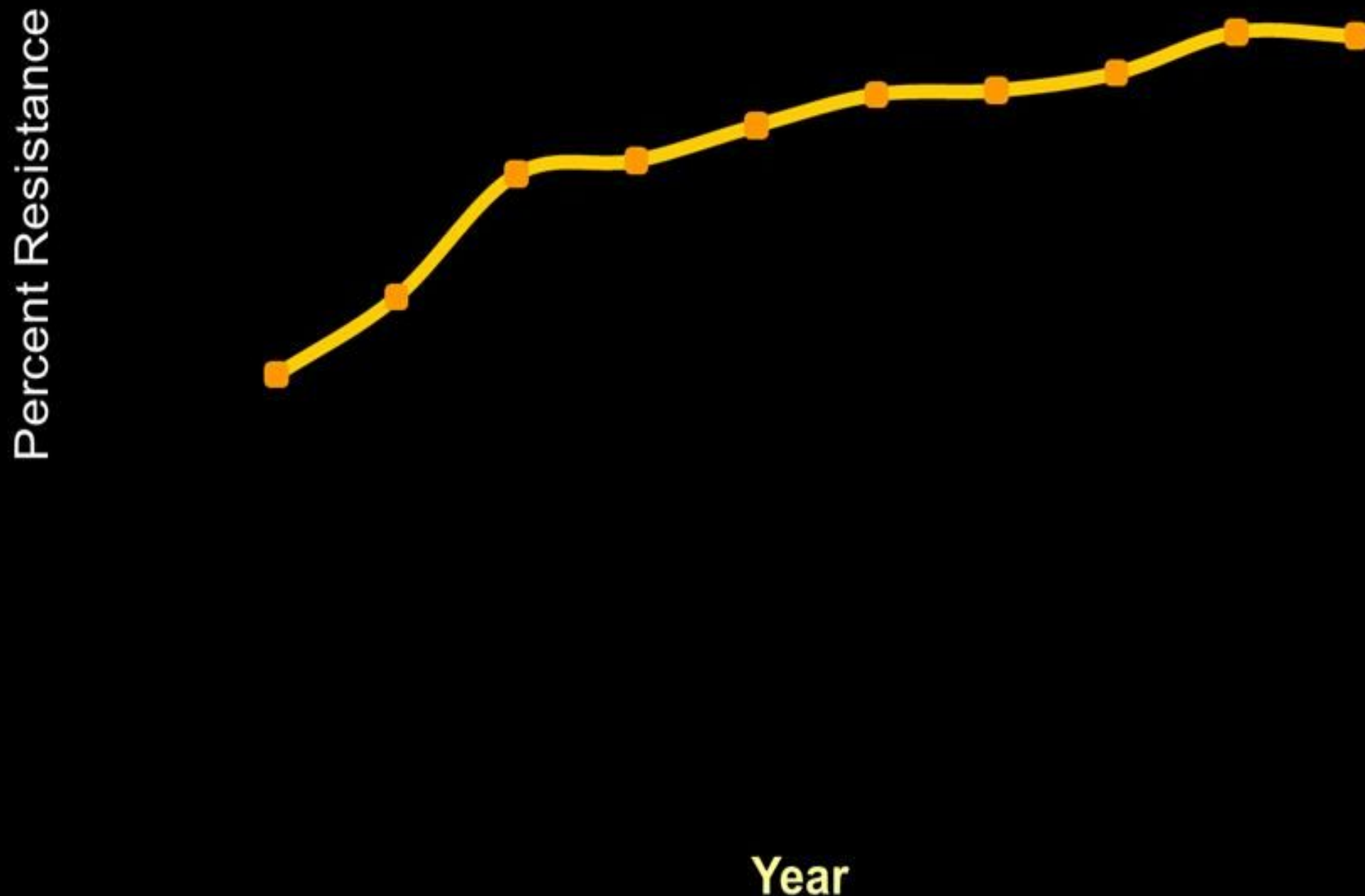


Methicillin-Resistant *Staphylococcus aureus* (MRSA) pada pasien Intensive Care Unit, 1995-2004



Source: National Nosocomial Infections Surveillance (NNIS) System

Vancomycin-Resistant *Enterococci* (VRE) pada pasien di Intensive Care Unit, 1995-2004



Source: National Nosocomial Infections Surveillance (NNIS) System

Peningkatan Prevalensi resistensi bakteri di ICU : '2005 vs '2001-2004

Organism	# Isolates	%↑*
Fluoroquinolone-R <i>Pseudomonas</i> spp.	2657	49%
3 rd generation cephalosporin-R <i>E. coli</i>	1551	48%
Methicillin-R <i>Staphylococcus aureus</i>	2546	40%
Vancomycin-R enterococci	4744	40%
Imipenem-R <i>Pseudomonas</i> spp.	1839	20%

National Nosocomial Infections Surveillance (NNIS) System, 2006

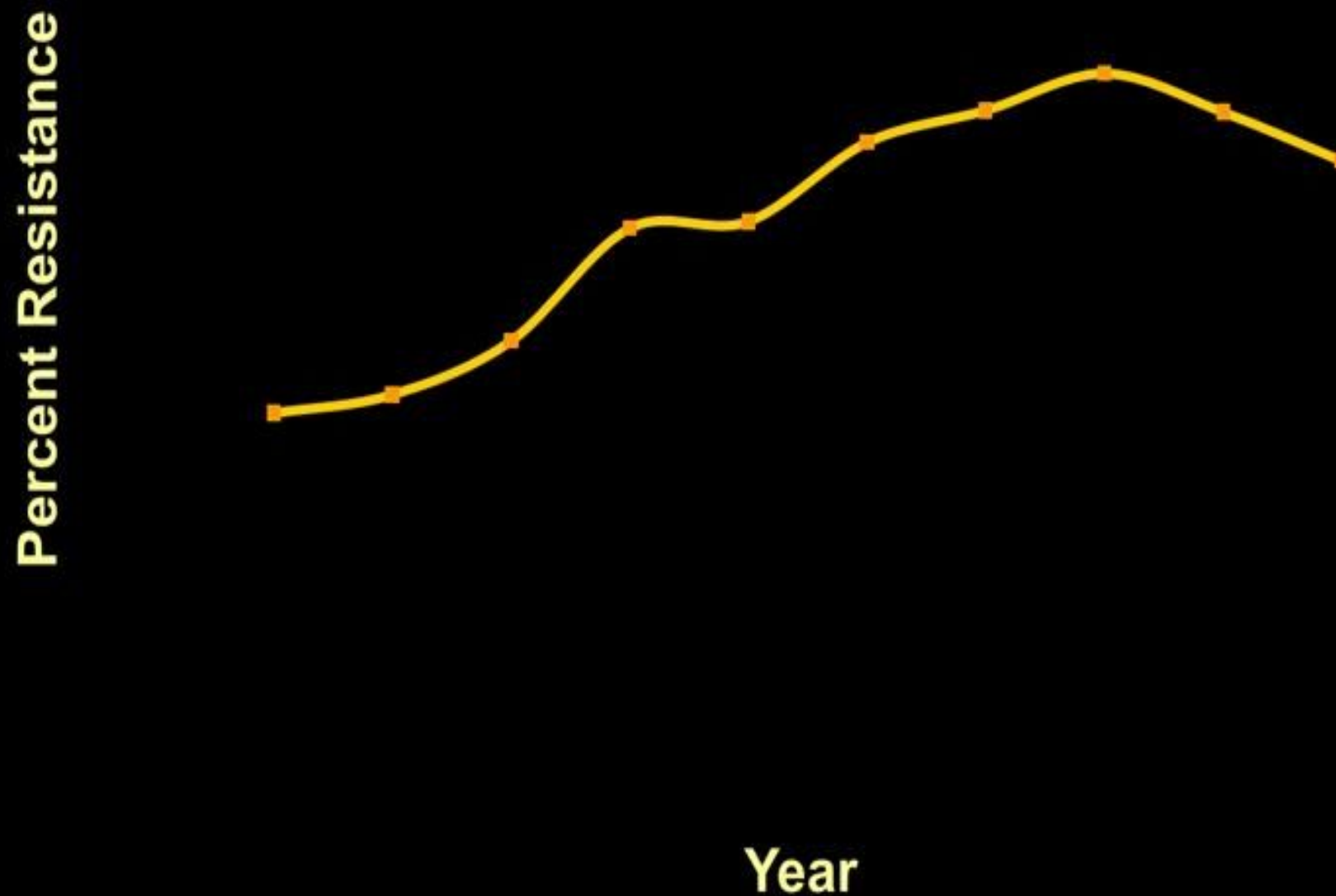
Resistensi Klebsiella pneumoniae thd Cephalosporin- generasi 3, di ICU, 1995-2004 (NNIS, 2006)

Percent Resistance



Year

Fluoroquinolone-Resistant *Pseudomonas aeruginosa* pada pasien ICU, 1995-2004 (NNIS, 2006)



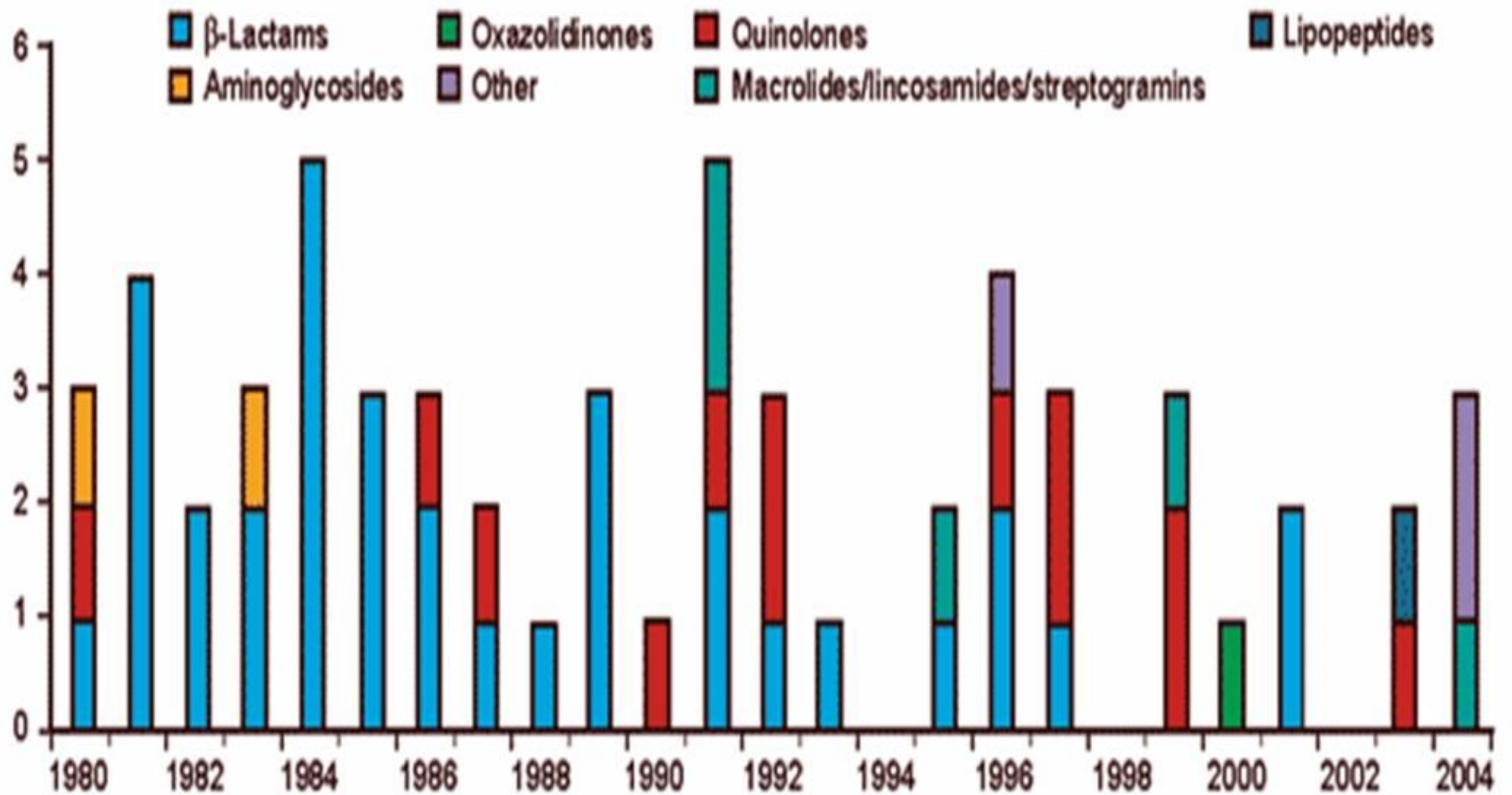
Ironi Pengembangan Antibiotika di Dunia

Klas antibiotika	Tahun dipasarkan
Sulphonamida	1936
Penicillins	1940
Tetracyclines	1949
Chloramphenicol	1949
Aminoglycosides	1950
Macrolides	1952
Glycopeptides	1958
Streptogramins	1962
Quinolones	1962
Oxazolidinones	2001
Glycylcyline	2005

Trend pengembangan antibiotika di Dunia 1983 - 2002



New antibacterial agent ≡ new molecular entity (NME) with antimicrobial properties, administered for systemic infection; topical agents, immunomodulators excluded



Source: Emerg Infect Dis © 2006 Centers for Disease Control and Prevention (CDC)

US Food and Drug Administration approvals of systemic antibacterial new molecular entities, 1980–2004.

Gram-positive superbugs

Resistant Gram-positive bacteria terminology

PRSP	Penicillin resistant Streptococcus pneumoniae
MDRSP	Multidrug resistant Streptococcus pneumoniae
MRSA	Methicillin resistant Staphylococcus aureus
VRSA	Vancomycin resistant Staphylococcus aureus
VISA (GISA)	Vancomycin (Glycopeptide) intermediate Staphylococcus aureus
VRE (GRE)	Vancomycin (Glycopeptide) resistant Enterococcus

Gram-negative superbugs

Resistant Gram-negative bacteria terminology

ESBL-producing
Enterobacteriaceae

Extended spectrum beta-lactamases
producing Enterobacteriaceae, e.g.
Escherichia coli, *Klebsiella pneumoniae*

MRPA (MDR-PA)

Multidrug resistant *Pseudomonas
aeruginosa*

MRAB (MDR-AB)

Multidrug resistant *Acinetobacter baumannii*

Pan-resistant *Pseudomonas aeruginosa*/
Acinetobacter baumannii

Masalah Penggunaan Antibiotika



Biaya

Variasi harga generik vs branded generic

Nama obat	Harga	Ratio harga
Ciprofloxacin 500	306	
Baquinor 500	12.765	41,63
Bactiprox 500	8.625	28,13
Tequinol 500	10.750	35,07
Interflox 500	12.125	39,54
Cetirizine	380	
Tiniz	2.660	7
Ozen	3.165	8,33
Intrizin	3.165	8,33
Cerini	3.125	8,23

Variasi harga siprofloksasin branded generic

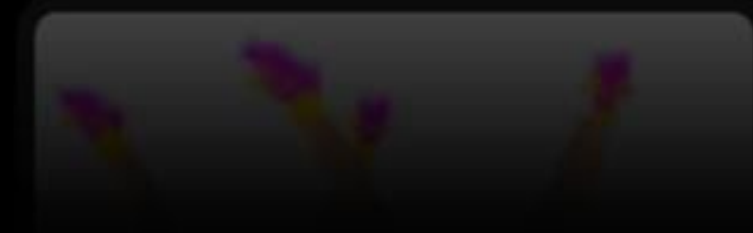
Zeniflox	1.800
Interflo	3.410
Baquin	3.750
Kifarox	5.950
Lapiflox	5.939
Ciflos	8.366
Wiaflox	12.828
Ciproxin	28.800

4,5 kali generik

Generik: Rp 380,-

75 kali generik

STRATEGIES ??????????



Approach to empiric therapy

Site of infection

Likely organisms

Broad spectrum therapy if very ill

Cultures

Modify therapy based on culture results

Optimally use: narrow spectrum, long-half life, low toxicity, inexpensive

Bacteria by Site of Infection

Mouth

Peptococcus
Peptostreptococcus
Actinomyces

Abdomen

E. coli, *Proteus*
Klebsiella
Enterococcus
Bacteroides sp.

Lower Respiratory Community

S. pneumoniae
H. influenzae
K. pneumoniae
Legionella pneumophila
Mycoplasma, *Chlamydia*

Skin/Soft Tissue

S. aureus
S. pyogenes
S. epidermidis
Pasteurella

Urinary Tract

E. coli, *Proteus*
Klebsiella
Enterococcus
Staph saprophyticus

Lower Respiratory Hospital

K. pneumoniae
P. aeruginosa
Enterobacter sp.
Serratia sp.
S. aureus

Bone and Joint

S. aureus
S. epidermidis
Streptococci
N. gonorrhoeae
Gram negative rods

Upper Respiratory

S. pneumoniae
H. influenzae
M. catarrhalis
S. pyogenes

Meningitis

S. pneumoniae
N. meningitidis
H. influenza
Group B Strep
E. coli
Listeria

ANTIBIOTIC STEWARDSHIP

“Balancing adequate coverage with reducing emergence of resistance”



Now thats what I call self confidence!

Stewardship memerlukan

Updated knowledge utk prevalensi bakteri

Updated pola resistensi bakteri

Formularium

Awareness terhadap potensi seleksi bakteri resisten

Pertimbangan faktor pasien



Instrumen untuk antibiotic stewardship

1. Guidelines

2. Restrictions

3. Area specific practices eg: ICU/NICU/HDU

4. CombinationTx

5. Antibiotic or Drug cycling/ rotation

Tools for good antibiotic stewardship

1. Guidelines

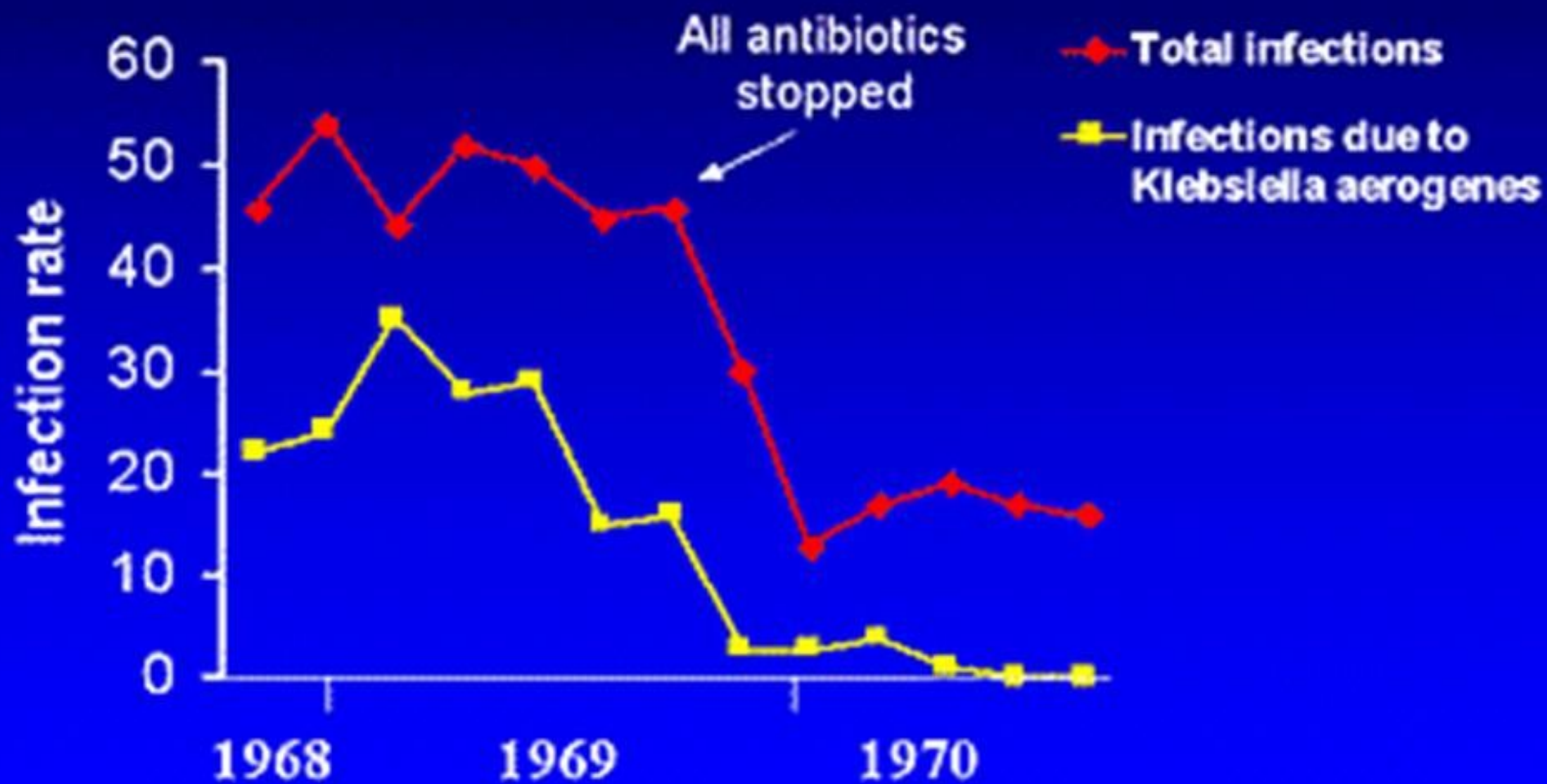
[Guideline-Singapore-Antibiotics in adult.pdf](#)

[GUIDELINE-use_of_antibiotics_in_paed_care.pdf](#)

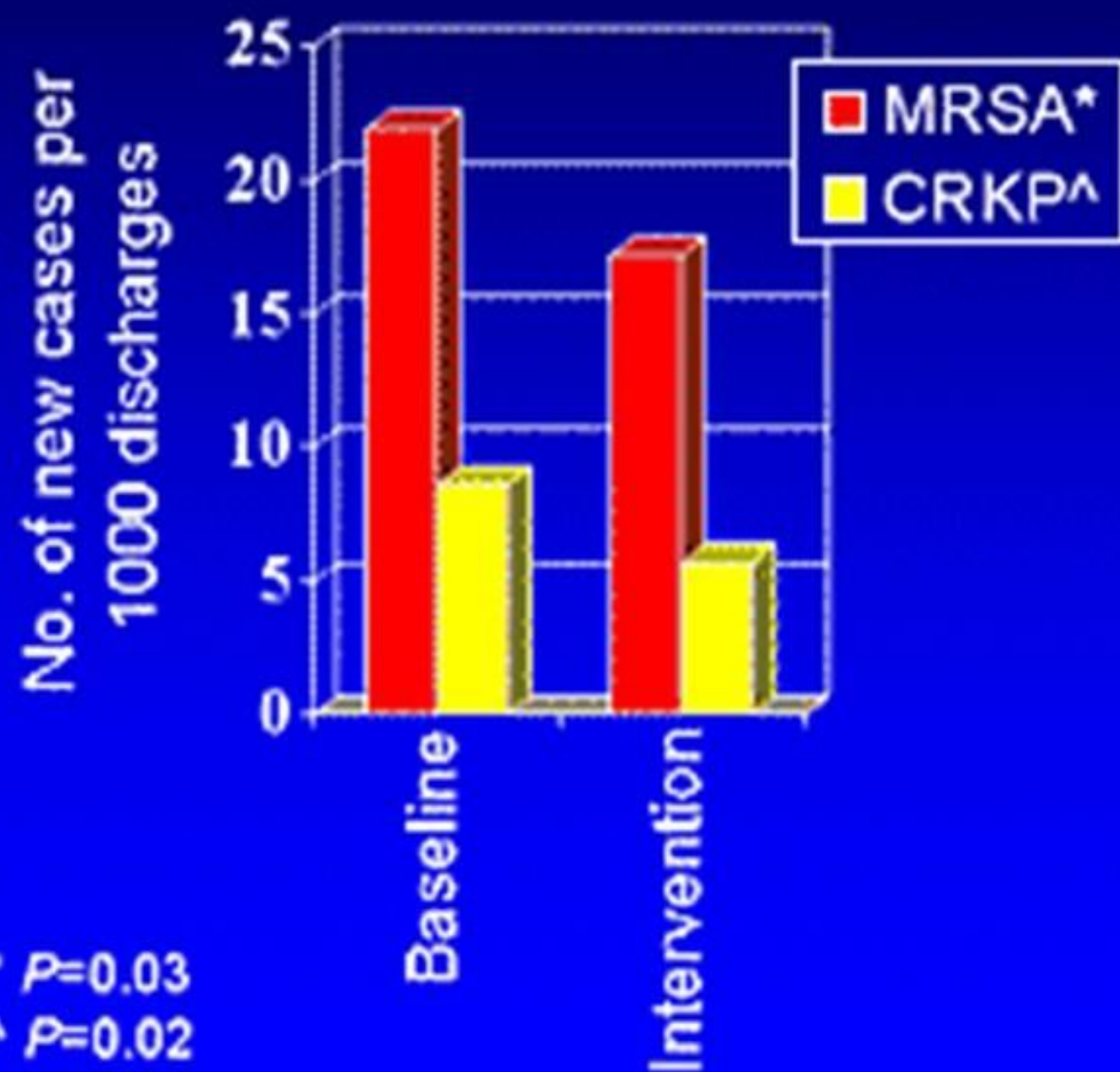
[SIGN-Antibiotic prophylaxis in surgery.pdf](#)

2. Restrictions

Impact of Antibiotic Restriction on Resistance



Impact of Formulary Changes on MRSA and Ceftazidime Resistant *K. pneumoniae*



- Reduced usage of cephalosporins, imipenem, clindamycin and vancomycin
- Increased usage of β -lactam/ β -lactamase inhibitors

* $P=0.03$

^ $P=0.02$

Penggunaan vancomycin rasional

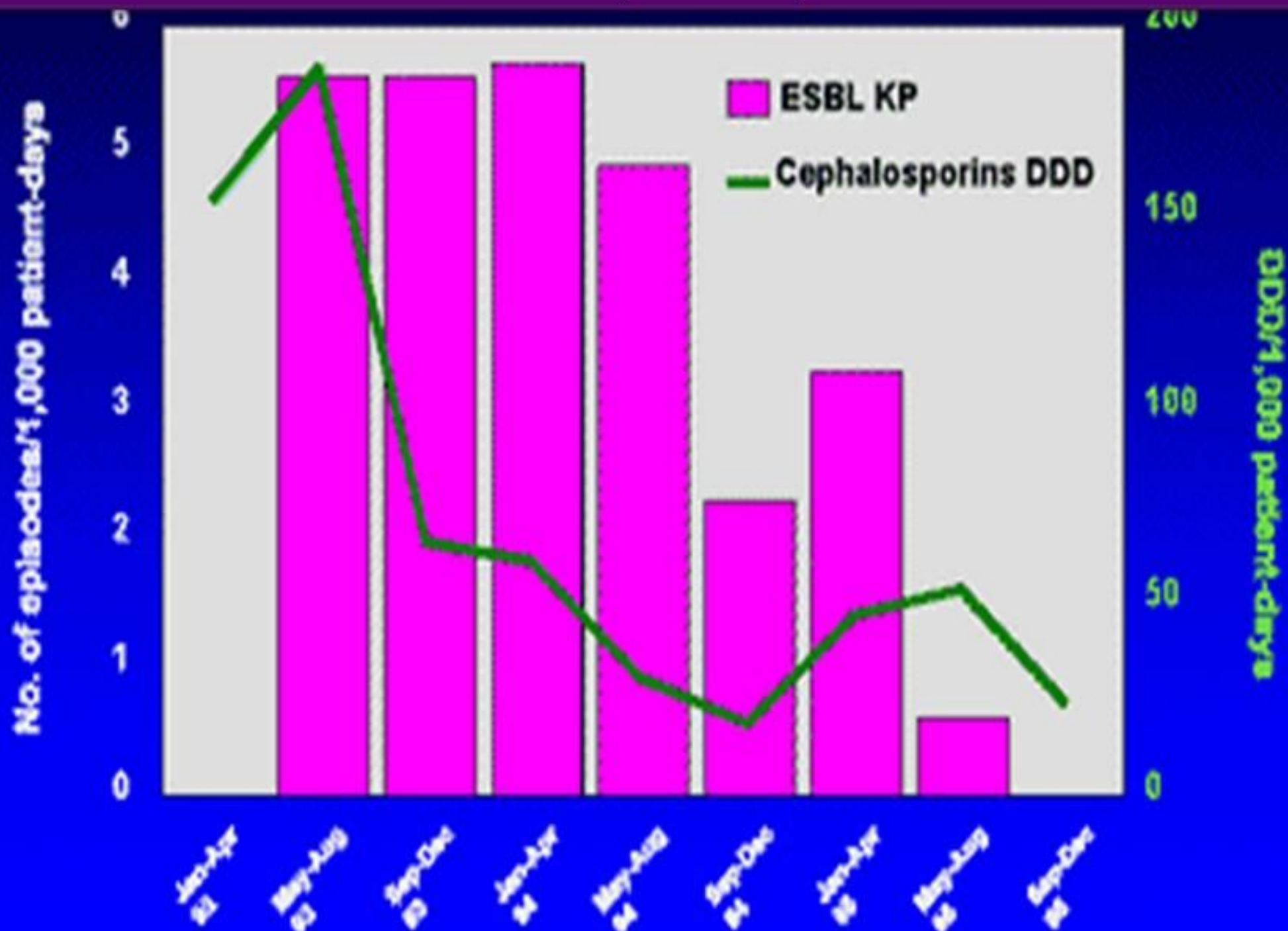
1. Infeksi **serius** oleh bakteri gram-positive yang resisten terhadap beta-laktam
2. Serious (anaphylactoid) b-lactam allergies
3. Infeksi oleh MRSA dan MRSE
4. Life-threatening infection oleh *Clostridium difficile*

Strategi pengendalian resistensi bakteri

- Antibiotic guideline
- Hospital drug formulary untuk antiinfeksi;
- Pendidikan dan regulasi peresepan;
- Pemantauan dan audit penggunaan obat;
- Surveillance dan sistem pelaporan pola resistensi hospital flora;
- Deteksi pasien yang terkolonisasi communicable resistant bacteria
- Promosi dan monitoring praktek pengendalian infeksi di rumahsakit seperti hand hygiene.

3. Area specific practices eg: ICU/NICU/HDU

ESBL-KP (Extended spectrum beta lactamase)
incidence rate and cephalosporin use in ICUs



4. Antibiotika kombinasi

Indikasi Penggunaan antibiotika kombinasi

5 alasan penggunaan antibiotika kombinasi

Mencegah perkembangan resistensi

Infeksi oleh polimikroba

Sinergisme

Menurunkan toksisitas

Sebagai terapi inisial

5. Antibiotic or Crop cycling/ rotation

Antibiotic cycling merupakan perangkat antibiotic stewardship (crop rotation) yang efektif



CROP ROTATION POLICY

- Digunakan untuk menetapkan jenis antibiotika untuk satu periode tertentu (misalnya 3 bulan)
- Ditetapkan pula jenis antibiotika untuk 3 bulan berikutnya.
- Selanjutnya di recycle

Contoh:

Jan-March 2004: Ciprofloxacin +++++

April -June 2004: Sulperazone +++++

July -Sept 2004 : Ceftazidime +++++

Oct-Dec 2004 : Piperacillin/tazobactam

EVIDENCE?

Meningkatkan survival

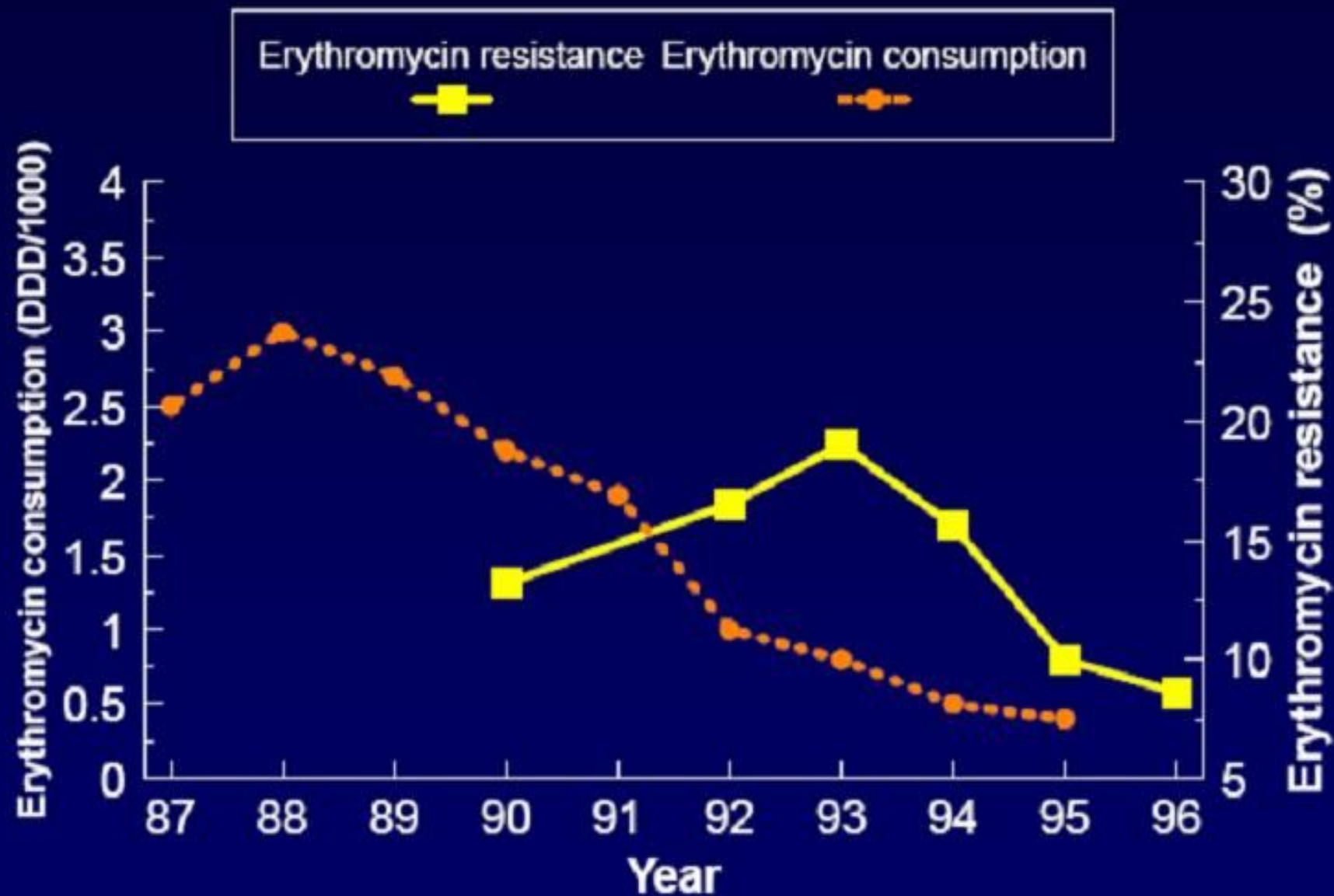
Menurunkan morbiditas

Menurunkan tingkat resistensi

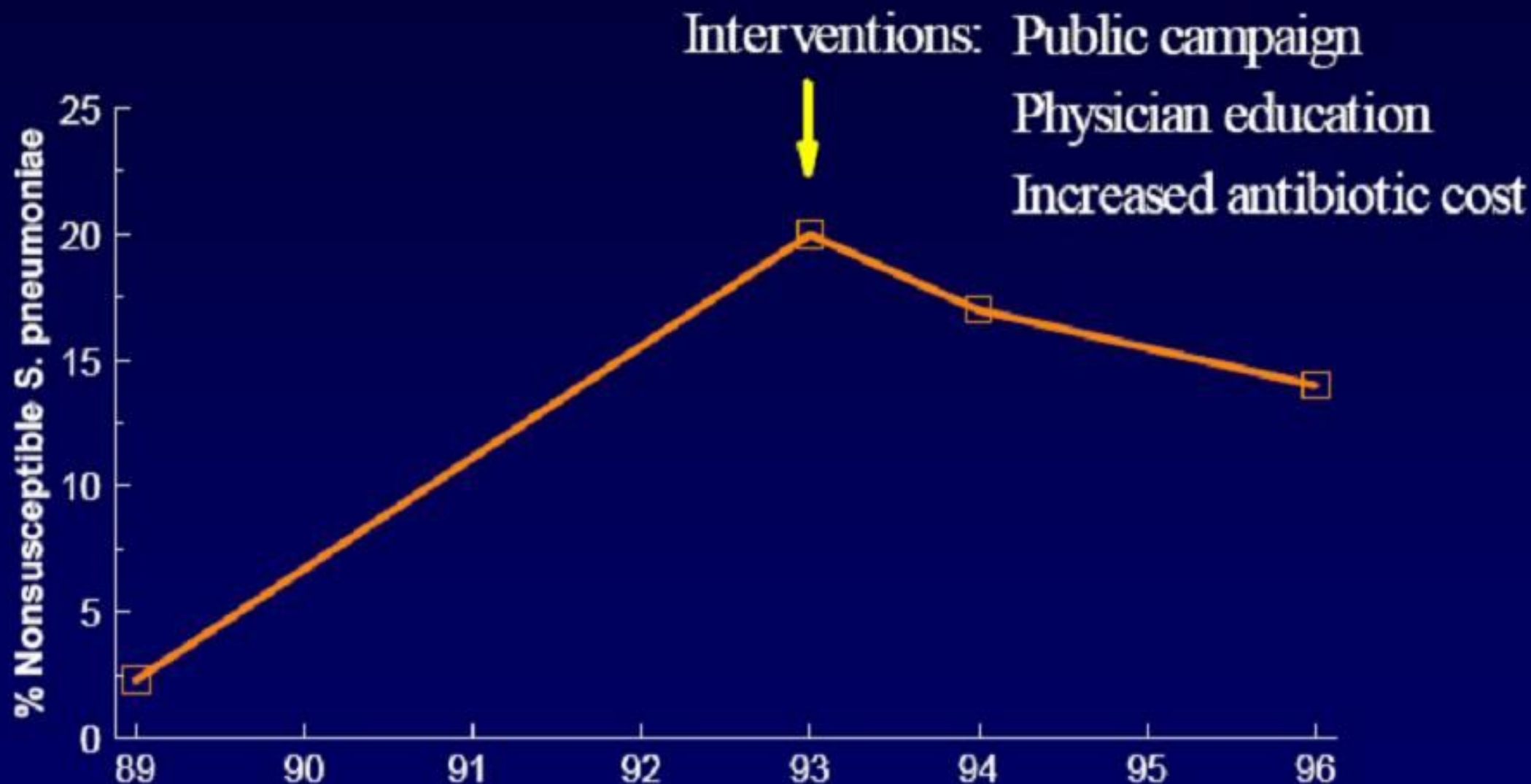
Efisiensi biaya

Meminimalkan ketidakrasionalan

Controlling Erythromycin Resistance in Group A Streptococci, Finland



Success at Controlling Pneumococcal Resistance - Iceland



Stephenson, JAMA 1996;275:175
Kristinsson, personal communication

Patient mortality/morbidity

1. 2.9 vs 9.6 deaths per 100 patients

Raymond et al, 2001, Critcare med/ ICU, USA: quarterly rotation for sepsis, peritonitis, pneumonias.

2. **Reduced incidence of ventilator ass pneumonia over 5 year period (23% vs 16%)**

Gruson D, Crit Care Med. 2003 Jul;31(7):1908-1

3. **Reduced nosocomial infections in non-ICU wards because of antibiotic rotation in ICU**

Hughes MG, Crit Care Med. 2004 Jan;32(1):53-60. | Surgical patients

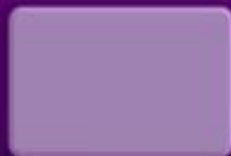
Appropriate Use of Antibiotics



Pilih antibiotika yang paling aktif melawan organisme yang dicurigai



Berikan secara empirik jika kecurigaan klinis infeksi dapat dipertanggungjawabkan



Pilih antibiotika yang dapat mencapai jaringan yang terinfeksi



Gunakan dosis yang adekuat, jangan underdose



Memahami kapan bakterostatik cukup adekuat dan kapan perlu bakterisidal



Pada infeksi serius, life-threatening, mulai dengan broad-spectrum, segera ganti sesuai hasil kultur



Hentikan antibiotika jika infeksi telah teratasi

Mengapa antibiotika digunakan secara ekksesif?

Gagal mengidentifikasi & mengeliminasi fokus infeksi

Gagal membedakan antara infeksi & kontaminasi

Gagal membedakan antara infeksi & inflamasi

Gagal mengklasifikasikan keparahan infeksi

Gagal memahami bhw abses hrs didrain bukan AB

Gagal memahami bhw gangren hrs reseksi bukan AB

Gagal menerapkan konsep profilaksi pra bedah

Gagal membedakan antara dogma & rasional

Gagal menolak rayuan duta-duta farmasi

Inappropriate Uses of Antibiotics

Memberikan antibiotika yang keliru/tidak sesuai

Dosis keliru/tidak adekuat

Memberikan antibiotika 2nd atau 3rd line padahal 1st line ada

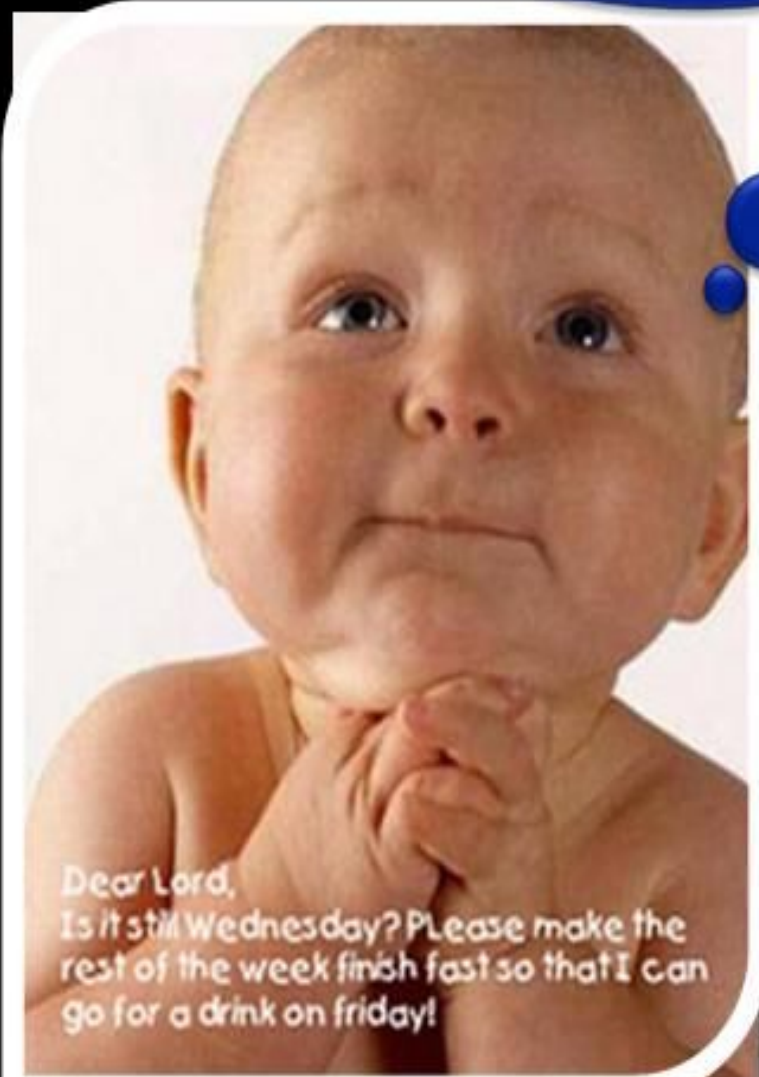
Memberikan antibiotika tanpa indikasi

Antibiotika tetap dilanjutkan meskipun tidak berefek

Tetap memberikan broad-spectrum meskipun hasil kultur single organism

Reacting to culture results by starting antibiotics without considering the significance of the culture

**Knowing is not enough;
we must apply.
Willing is not enough; we
must do.**



Johann Wolfgang von Goethe.

Terima kasih



Penicillins

Penicillin G

- Still useful for a number of diseases (e.g. meningitis, syphilis)

Cloxacillin

- For MSSA infections

Ampicillin, amoxicillin

- Active vs. Gram-positive (not MSSA), Gram-negative organisms

Augmentin, Unasyn

- Broad spectrum, covers Gram-positive, Gram-negative and anaerobes

Piperacillin, Tazocin, Timentin

- Are active vs. Pseudomonas

Cephalosporins

Cefazolin, cephalexin

- Active vs. Gram-positive organisms including MSSA

Cefuroxime, Cefaclor

- Covers some Gram-negative organisms

Cefotaxime, Ceftriaxone

- Broad spectrum, enhanced activity towards Gram-negative organisms

Ceftazidime, Cefepime, Sulperazon

- Additive Pseudomonas coverage

Carbapenems

Imipenem

- Broad spectrum, covers Gram-positive, Gram-negative (including ESBL-producing strains), Pseudomonas and anaerobes

Meropenem

- Less seizure-inducing potential, can be used to treat CNS infections

Ertapenem

- Lacks activity vs. Acinetobacter and Pseudomonas
- Has limited activity against penicillin-resistant pneumococci

Quinolones

Ciprofloxacin

- Active vs. MSSA, Gram-negative and Pseudomonas

Levofloxacin

- Has activity vs. Streptococcus pneumoniae, but slightly less active towards Pseudomonas compared to ciprofloxacin

Moxifloxacin

- Has activity vs. anaerobes but less active towards Pseudomonas

Aminoglycosides

Active vs. some Gram-positive and Gram-negative organisms

Gentamicin

- Active vs. Pseudomonas

Tobramycin

- More active vs. Pseudomonas than gentamicin
- Shows less activity against certain other Gram-negative bacteria

Amikacin

- More stable to enzymes, used in severe infections by gentamicin-resistant organisms

Streptomycin

- Used for tuberculosis

Macrolides

- Active vs. Gram-positive organisms, atypicals
- GI side effects

Erythromycin

- Slightly greater activity than erythromycin

Clarithromycin

- Slightly less active than erythromycin vs. Gram-positive but enhanced activity vs. some Gram-negative organisms

Azithromycin

Tetracyclines

Drug of choice in infections caused by Chlamydia, Rickettsia, Brucella and Lyme

Value has decreased due to increasing bacterial resistance

Tetracycline

- Role in Helicobacter pylori eradication (less frequently used than other antibiotics)

Doxycycline

- Once daily

Minocycline

- Broader spectrum

Other antibiotics

Clindamycin

Vs. Gram-positive cocci and anaerobes

Metronidazole

Vs. anaerobes

Preferred therapy in antibiotic associated diarrhoea (*Clostridium difficile*) than oral vancomycin, although unlicensed

Vancomycin, teicoplanin

For Gram-positive organisms (including MRSA)

Other antibiotics

Cotrimoxazole

- Role in uncomplicated UTI, UTI prophylaxis, acute exacerbations of chronic bronchitis
- Pneumocystis carinii (now jiroveci) infections

Nitrofurantoin

- For UTI, prophylaxis vs. UTI

Fusidic acid, rifampin

- For penicillin-resistant staphylococci
- Not for monotherapy due to risk of emergence of resistance